

# THE KULIN UPDATE

30 November 2023

## 4 WORKS

9.5km of sealing completed on Kulin Holt Rock Road.

## 13 COMMUNITY HUB

Melbourne Cup at the Kulin Community Hub looked fantastic!

## 16 CHRISTMAS COMPETITION

Get your creativity flowing and hand in your colouring in to the CRC for a chance to win!

## CHRISTMAS CLOSURE HOURS





Mon- Fri 8:30 am - 4:30 pm  
 38 Johnston Street, Kulin WA 6365  
 (08) 9880 1021  
[crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)  
[www.kulin.wa.gov.au/crc-home](http://www.kulin.wa.gov.au/crc-home)

## THE KULIN UPDATE FAQ

### Contact

Phone: (08) 9880 1204  
 Email: [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au)

### How to receive the Kulin Update via Email?

To receive "THE KULIN UPDATE" digitally, please sign up [here](#).

### How to advertise in the Kulin Update?

1. Download the Kulin Update Booking form and fill it in.
2. Attach the booking form and the content that you wish to publish to an email and send it to [marketing@kulin.wa.gov.au](mailto:marketing@kulin.wa.gov.au).

### When are the deadlines?

All articles incl. fully-filled in booking forms are to be submitted no later than **Tuesday, 4pm prior to any publication date.**

### When is the next deadline?

The next deadline will be the 12 December, 2023.

### Advertising costs:

- 1/4 page b/w \$20
- 1/2 page b/w \$25
- Front/Back page \$100

Members receive 25% off advertising costs, please contact [crccounter@kulin.wa.gov.au](mailto:crccounter@kulin.wa.gov.au) for more information.

### Accepted document formats:

- PDF
- JPEG

### Have you got news?

If you would like to share news or information with the Kulin community, please email [marketing@kulin.wa.gov.au](mailto:marketing@kulin.wa.gov.au)

## DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

12th December 2023

## HAPPY BIRTHDAY!

### December

- 4th Keiren Hadlow
- 5th Ashley Buttigig, Joe Varone, Richard Bradford
- 6th John Waters, Rynelle Smoker, Macushla Quicke
- 7th Robbie Bowey
- 8th Peyton Lewis, Edel Sullivan
- 9th Harold Proud
- 10th Sam Murphy, Joel Jenks
- 11th Barbara Turner, Luke Young
- 12th Tamara Davis
- 13th Eli McAdam



# 11. NOV/DEC 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Junior Cricket (9am-4pm) Bowls (1:30pm)	13 Rubbish Dr Chukwunke @ Kondinin	14 Seniors Movie Day Recycling Dr Chukwunke @ Kulin Nurses Clinic Open Remedy Physio Yogalates	15 Council Meeting Dr Chukwunke @ Kondinin Nurses Clinic Open Kulin Motor Museum Remedy Physio Social Tennis	16 <b>KULIN UPDATE</b> Dr Chukwunke @ Hyden	17 Dr Chukwunke @ Kulin Junior Basketball	18 Kulin Motor Museum (10am-2pm) Pennants Tennis vs Narembreen
19 Bowls (1:30pm)	20 Rubbish Dr Chukwunke @ Kondinin	21 Dr Chukwunke @ Kulin Nurses Clinic Open Remedy Physio (8am-4pm) Yogalates	22 Dr Chukwunke @ Kondinin Nurses Clinic Open Kulin Motor Museum Remedy Physio (8am-4pm) Social Tennis (3:00-5:30)	23 Dr Chukwunke @ Hyden	24 Dr Chukwunke @ Kulin Junior Basketball	25 Kulin Motor Museum (10am-2pm)
26 Junior Cricket (9am-4pm) Bowls (1:30pm)	27 Rubbish Dr Chukwunke @ Kulin	28 Recycling Dr Chukwunke @ Kondinin Nurses Clinic Open Remedy Physio (8am-4pm) Yogalates	29 Dr Chukwunke @ Kondinin Nurses Clinic Open Kulin Motor Museum Remedy Physio (8am-4pm) Social Tennis (3:00-5:30)	30 <b>KULIN UPDATE</b> Dr Chukwunke @ Hyden	Dec 1 Dr Chukwunke @ Kulin from 9:30am - 12:00pm Junior Basketball	2 Kulin Motor Museum (10am-2pm) Pennants Bowls vs Newdegate
3 Bowls Mixed Day (1:45pm)	4 Rubbish Dr Chukwunke @ Kondinin	5 Dr Chukwunke @ Kulin Nurses Clinic Open Yogalates Remedy Physio (8am-4pm) Seniors Christmas Lunch	6 Dr Chukwunke @ Kondinin Nurses Clinic Open Kulin Motor Museum Remedy Physio (8am-4pm) KDHS Year 10 Graduation	7 Dr Chukwunke @ Hyden	8 Dr Chukwunke @ Kulin Junior Basketball Grand Final	9 Kulin Motor Museum (10am-2pm)
10	11 Rubbish Dr Chukwunke @ Kondinin	12 Recycling Dr Chukwunke @ Kulin Nurses Clinic Open Seniors Movie Day Yogalates Remedy Physio (8am-4pm)	13 Dr Chukwunke @ Kondinin Nurses Clinic Open Kulin Motor Museum Remedy Physio (8am-4pm) KDHS Presentation Night	14 <b>KULIN UPDATE</b> Dr Chukwunke @ Hyden Kondinin Twilight Markets 6pm-9pm	15 Dr Chukwunke @ Kulin Community Christmas Party (4pm-8m)	16 Kulin Motor Museum (10am-2pm) Kulin Christmas Markets 9am-1pm



Sealing works on Kulin Holt Rock Road have been completed, with 9.5km heading west from South East Hyden Bins now sealed. Thank you for your patience whilst travelling along this road.



## kulin childcare centre



Our centre has been very busy this past month with lots of children enjoying our fantastic centre. We are so lucky to have such a wonderful outdoor area where we can still enjoy the summer days, even in the very hot weather.



Last week we undertook our Assessment and Rating Visit. All Education and Care services are assessed against the 7 quality areas and then given a rating for each area and an overall rating. We look forward to receiving our report.

This year the Centre will be closed from Wednesday 20th December 2023 and reopening on Thursday 18th January 2024. Please get your 2024 booking requests to the centre as soon as you know to allow us to plan for 2024.



# Kulin Shire Council

## Annual Meeting Dates 2024

### Public Notice

### 2024 Notice of Meeting

Notice is hereby given that the 2024 Ordinary Council Meetings of the Shire of Kulin will be held on the following **Wednesdays**, commencing at 4:00pm

21 February	21 August
20 March	18 September
17 April	16 October
15 May	20 November
19 June	18 December
24 July	

Meetings are held at the Shire of Kulin Council Chambers, 38 Johnston Street Kulin. Copies of agendas and minutes can be accessed on the Shire's website at [www.kulin.wa.gov.au](http://www.kulin.wa.gov.au)



## SNAKE HANDLERS

**PLEASE CONTACT - 0419 232 951**

CBH have qualified snake handlers and catchers. If you find a scaly friend in your house or yard you can call 0419 232 951 (Sam) and I can get one of our team members to you to remove the snake safely. I have handlers in Corrigin area, Kulin area and Kondinin Shire area over the harvest period. We are happy to offer this service to the community no charge.

If you do come across a snake please call and we can help. We do ask that you keep track of the snake as they don't remain in one spot and we can't spend all day looking for them.

## KULIN RE-USE WATER SUPPLY

**STARTING ON THE 1ST OF NOVEMBER 2023**

The Shire of Kulin wishes to advise that the town re-use water supply to the oval will recommence the week beginning 1st November 2023. This water will be applied between the hours of 10:00pm and 3:00am so will have no impact on normal oval use.

## EXPRESSIONS OF INTEREST

**FORKLIFT COURSE**

We are looking for expressions of interest in a forklift course on the 20th and 21st of February 2024 (2-day course). Please contact Jayde on [to@kulin.wa.gov.au](mailto:to@kulin.wa.gov.au) or call the Shire of Kulin on 9880 1204.





## 2023 HARVEST WRAP UP

Thank you so much to everyone who contributed to the 2023 cropping program.

- Charlie Spurgeon harvested 100ha and supplied a field bin.
- Kurt Spurgeon supplied a chaser bin
- Loads delivered to CBH:
- Glen and Mitch King (2), Grant Robins (1), Chad Frantom (1), Brad Miller (2)
- Field bin provided by Tim Bradford
- McIntosh supplied a demo header and harvested 36ha at airstrip
- Fuel trailer supplied by Chad Frantom
- All grain delivered to Kulin CBH. Mixed qualities, total yield 1.9t/ha

## SHIRE NOTICES

The CRC team have been working hard to design our merch with our new Visit Kulin logo. Make sure you pop down to the Shire and have a look!



PENS	\$2.00
POSTCARDS	\$1.00
MAGNETS	\$1.00
KEY RINGS	\$5.00

# KULIN RETIREMENT HOMES INC

**We are so excited to offer!!!!**

**New Refurbished One Bedroom Unit  
at Kulinda Village for Rent,**

**this unit will be available end of November 2023.**

**We also offer a One Bedroom Unit for Rent  
(this unit is only available to middle of January 2024)**



## Kulin Christmas Cup

**Fun Mixed Teams Event**

**Sunday 10 December 3pm**

Please get your names in (by Wed 6 Dec) - we will make up Teams

Nominal fee for non-members

Names in to Foops 0428 890 012

Sausage sizzle dinner supplied, drinks available for purchase

All welcome to join in for a festive and fun afternoon of tennis.





Following the October Local Government elections, we said goodbye to retiring Councillors Lucia Varone and Barry West, and said hello to newest Councillor Brad Miller.

Brad has lived in Kulin almost all his life. After finishing primary school at KDHS, Brad completed high school at Narrogin Senior High. Following high school, Brad lived in Perth for a few years, starting an aquaculture course at Fremantle Tafe, however, he realised it was not for him, and completed a shearing apprenticeship instead.

Aside from Council, Brad is also one of the CKC Cropping Managers with Chad Frantom and is a member of various sports clubs around town.

For Brad, the best things about Kulin are how proactive the town is, and how so many people are willing to help each other out and volunteer for community projects, “everyone in the community is very lucky to live here”. Being a long-term citizen of 6363, the parts that make it special to Brad are the simple things, being part of the community, and the people in it. For him, “it’s inspiring to watch how much community members care about the town and the amount of time and energy they are willing to put into Kulin”. I think this belief is something pretty commonly shared between our community members, with constant congratulations and recognitions from visitors and other towns for our significant community contributions.

Following the 2023 election, we now have eight councillors, all with varying areas of expertise and interest. For Brad, his inspiration for becoming a councillor was simple, “I think it is a great way to repay the community, I think everyone has an obligation to keep the town moving forward and this is a way to try and do my part”.

As a councillor, Brad hopes to help the town moving forward, “the previous councillors have done an incredible job making the Kulin Shire stand out from the crowd and keeping up with the times”, with a key focus of his being to keep the ball rolling and introduce new ideas and perspectives along the way. Going forward, Brad wants to prioritise care for the elderly, something that is really important, as well as infrastructure development, improvements in education and community involvement, with the view that these are all “extremely important in keeping the town moving in the right direction”.

The most recent council meeting was held on November 15, which was also Cr Miller’s first meeting, he notes that in this early stage it is a lot of listening, with the meeting being overall great and full of learning.

Councillors are elected for a 4-year term, for Brad, 2027 looks bright, “I’m sure the town will still be thriving and as strong as ever, as for the world, it would be great if everyone could accept each other’s differences and just get on with life”.

Our little town is full of opportunities, with Brad reflecting on our great school, next level sporting facilities, and great local businesses, “there are a lot of opportunities for community involvement to bring everyone together”.

I think Brad is going to be an amazing addition to our Council and will be able to add some great new ideas and perspective to our amazing group of Shire Councillors. A lot of work goes on behind the scenes in chambers, and their efforts help ensure our community can thrive.

### Final Questions:

#### 1. What advice would you give your teenage self?

“This is pretty boring but, do not worry about what other people think, don’t overthink things, keep it simple and enjoy what life has to offer”.

#### 2. How do you make the world a better place?

“Like I already mentioned I just think if everyone could accept each other’s differences there would be a lot less conflict in the world”.

Thank you to Brad for taking the time to answer these questions, we can’t wait to see all your future contributions as a Councillor.

Belle Brandis  
Community Development Officer



Dear Sir/Madam,

On Monday the 20th of November about three o’clock in the afternoon, my husband and I had the unfortunate situation of being stranded on the Kulin-Corrigin road due to major damage to a tyre at the rear of our car.

Because of the position of the car which was half off the road, but on a gravel surface, my husband was concerned about how safe it was to jack the car up on such a surface, so we contacted the RAC.

## MARGARET SULLIVAN

Wow! What a great day the Margarets from all over WA enjoyed at their Annual Christmas Luncheon in Kulin, Monday 20th November 2023.

Margarets arrived by the carload from various points in WA, from as far as Augusta to Kellerberrin. Our delightful group meet twice a year, the ‘Margaret Club’ members catch up at a pre-arranged town to share fun friendship and celebrate their great name, Margaret. Kulin Hotel did the community proud with a delightful dining room tastefully decorated

A message of thanks from Fiona and David Lewis to everyone that has helped with meals domestic duties, helped out in our business, called to

## PET OWNERS

Reminder that registration renewals for our furry friends are now overdue.

Those that have renewed their

If they could contact a contractor (who was based in Hyden), the wait was to be at least 1.5 to 2 hours before anyone could assist us.

While we were waiting for assistance at least five or six vehicles stopped to see if they could help us, including mums and grandmas bringing children home after school. One lady offered us a cup of tea as she lived nearby. The school bus driver even gave us extra water as it was quite hot!

in a Christmas theme. The meal individually served was scrumptious, a real ‘Chrissie’ fair. Ham, chicken, baked veggies and a delicious to die for sweet to follow. Acres of Taste served many with a delightful morning tea prior to lunch. A highlight of the visit was the art exhibition of the local artists work on display in that lovely hotel hallway, ideal exhibition venue.

Several husbands joined the group and enjoyed their own meal elsewhere in the hotel. A lovely day. The next Margaret meet may be in Augusta,

assist us, texts, flowers and everything in between. We are blessed to have you all in our lives and we appreciate your love & care.

registration, thank you.

Those that are yet to do so, please attend the office as soon as possible.

Eventually a wonderful local truck driver stopped, reviewed the situation and said he could safely remove the damaged tyre and fit the spare, which he did.

We can not adequately thank your local community for their amazing thoughtfulness and care,

Many thanks,

Joseph and Joan Dornan

next Christmas gathering in Hyden.

Keep on rocking Margarets, a new member shared her story and was warmly welcomed as are all Margarets.

A joke sums up a great day:

Q. What is the best Xmas gift?

A. A broken drum, you cannot beat it!

Margaret Sullivan

So grateful is an understatement, thank you

You can also do this over the phone by calling 9880 1204.

Trish Mahe

# COMMUNITY CHRISTMAS



To celebrate the continuing commitments of our community members and volunteers, we invite everyone to our Community Christmas Party!

**Why** Thank a Volunteer Day

**When** 15 December 2023, 4:00pm onward

**Where** Visitor Discovery Zone

**Who** Everyone is invited!

**How much** No entry fee at all, band, entertainment and the real life Santa are at no cost. The food vans are the only thing that will require payment

**Big kids:** BYO or utilise the pub across the road (permit to consume alcohol approved)

Supported by the Department of Communities

## For the Kids

Face painting, and 2x inflatables will be available at no cost, a very, VERY special guest from the North Pole will also be visiting.



## Food

Food trucks 'Fire Truck Pizzeria' and 'Excuse my French Crepe Van' will be keeping our bellies full



## Entertainment

Band 'Groovy Tuesday' will be playing 4:30-7:30pm



Parents: If you would like Santa to gift a present to your child, please drop them to the CRC by December 4.

# CHRISTMAS IN VEGAS



This year, Seniors Christmas has made a move across countries, celebrate in style in Vegas! We would love to see all your faces at our Christmas Luncheon, please RSVP with your name and dietary requirements.

If you would like to RSVP as a table, please let us know who will be joining you.

DECEMBER 05 12:00 PM

Freebairn Recreation Centre

RSVP TO BELLE OR STELLA BY 24/11 -

9880 1204 OR

RCMGR@KULIN.WA.GOV.AU



## MELBOURNE CUP

A dining room full of local ladies, all looking fantastic in their race day best enjoyed a social afternoon at the Community Hub. Dr Chukwunke

joined for lunch and also addressed the group. Best dressed of the day went to Robbie Bowey. The punters gathered in the main bar where they

were joined by a bus load of travellers who arrived just in time for the race and stayed for lunch.







## Kulin Christmas Markets



## Markets

**Saturday 16th December**  
**9am-1pm**  
**Kulin Memorial Hall**

Lots of Christmas Gift Choices

Kulin CWA Devonshire Teas and Sausage Sizzle

<ul style="list-style-type: none"> <li>• Handmade candles</li> <li>• Macrame</li> <li>• Crocheting</li> <li>• Woodwork</li> <li>• Jewellery</li> <li>• Children's clothing</li> <li>• New &amp; preloved toys &amp; books</li> <li>• Candle &amp; melt Xmas gift boxes</li> <li>• Sewing crafts</li> </ul>	<ul style="list-style-type: none"> <li>• Kiln-fired glass</li> <li>• Felting</li> <li>• Mosaics</li> <li>• Handmade cards</li> <li>• Second-hand/new gifts and household items</li> <li>• Card making and scrapbooking supplies</li> <li>• Lions' Christmas Cakes</li> </ul>
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Stalls \$10 (free to community groups) Stallholder application forms and information available from:  
 Online form: [www.jotform.com/ErinBailey/kcm16122023](http://www.jotform.com/ErinBailey/kcm16122023)  
 Erin Bailey 0429 809 013 erin@kulin.com.au



SENIORS' MOVIE DAY

TUESDAY | 12.12.2023 | 11:00AM - 12:40PM



The King, impressed by Elizabeth's pleading, asks her to report back on the people's feelings towards him and his midnight speech on the radio. Each girl, incognito, is chaperoned by a Royal Army officer with an itinerary to be back at Buckingham Palace by 1:00 a.m. Soon realizing the Queen's planned itinerary does not fulfil their expectations of fun and meeting the ordinary people, Margaret is the first to slip away from her escort, followed by Elizabeth. Both princesses are separated on two different buses and have their own night-long adventure. Margaret is befriended by a Royal Naval officer seeking to take advantage of what he believes is just an ordinary girl.

FREE EVENT | COFFEE AND TEA PROVIDED | KULIN CRC CHAMBERS



SENIORS' MOVIE DAYS 2024

2024 Movie Days

February 27th  
Definitely, Maybe

August 13th  
Going In Style

March 12th  
The Intern

September 10th  
Mrs Doubtfire

April 23rd  
Miss Potter

October 22nd  
Remember The Titans

May 21  
Book Club

November 12th  
Like Father

June 25th  
Mrs. Harris Goes To Paris

December 10th  
Mamma Mia

July 9th  
Downsizing





## CHRISTMAS CREATIVITY COMPETITION

Yes it's that time of the year again. The Kulin CRC is looking for your creativity in this year's Christmas colouring competition and we would love for everyone, of all ages, to participate. Our 3 divisions include - 0-6 years, 6-10 years and 10 +.

Choose the colouring of your age group and wow us with your creative minds. Please hand your colourings into the Kulin CRC before the 15th of December

### PRIZES INCLUDE

1st prize - Acres of Taste voucher

2nd prize - IGA voucher

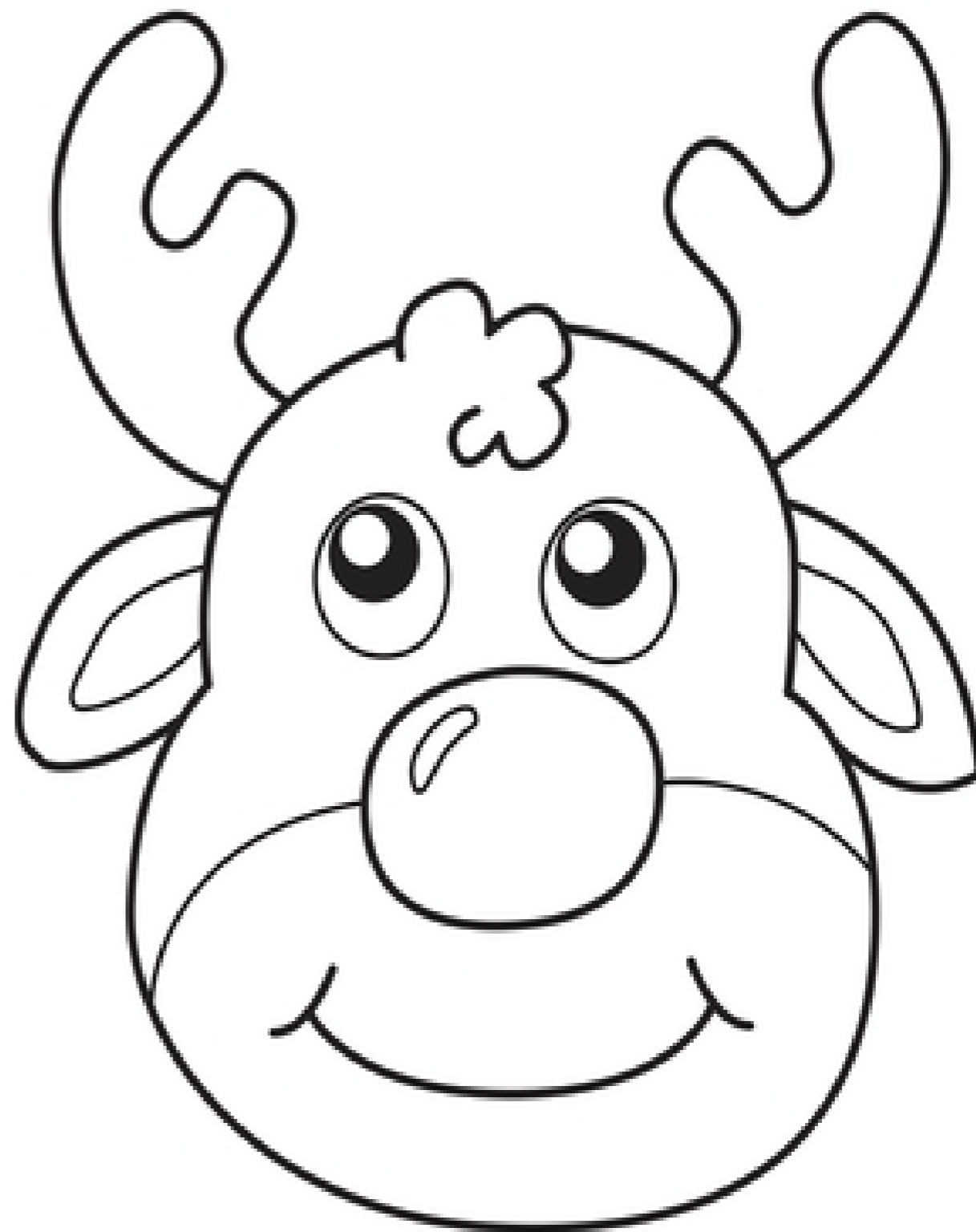
3rd prize - Aquatic Centre kiosk voucher

Overall - Building Blocks

*Merry Christmas*

Name: .....  
Age: .....  
Parents Name: .....  
Parents Mobile Number: .....

Please drop off at the  
Kulin Community  
Resource Centre  
before the 15th Dec  
(0-6 years)





# CHRISTMAS CREATIVITY COMPETITION

Name: .....  
Age: .....  
Parents Name: .....  
Parents Mobile Number: .....

Please drop off at the  
Kulin Community  
Resource Centre  
before the 15th Dec  
(6-10 years)



# CHRISTMAS CREATIVITY COMPETITION

Name: .....  
Age: .....  
Parents Name: .....  
Parents Mobile Number: .....

Please drop off at the  
Kulin Community  
Resource Centre  
before the 15th Dec  
(10+ years)



Merry Christmas



## BOBTAIL RACE AT THE KULIN HOTEL



PHOTOS FROM ROBBIE BOWEY

## CHOCOLATE PEPPERMINT SLICE AND VEGAN SUGAR COOKIES

### Chocolate Peppermint Slice

#### Ingredients

- 1 3/4 cups plain flour
- 1/3 cup cocoa
- 2 3/4 cups icing sugar mixture
- 200g butter, melted, cooled
- 2 tbsp milk
- 160g copha
- 1 1/2 tsp peppermint essence
- green food colouring
- 300g CADBURY Baking Dark Chocolate, chopped

#### Method

##### Step 1

Preheat oven to 180C/160C fan forced. Grease a 20cm x 30cm lamington pan. Line base and sides with baking paper, extending paper 2cm above edges of pan.

##### Step 2

Sift flour, cocoa and 1/2 cup icing sugar into a large bowl. Add butter. Stir to combine. Press into prepared pan. Bake 15 minutes. Cool completely in pan.

##### Step 3

Place milk, 80g copha and remaining 2 1/2 cup icing sugar in a small saucepan over low heat. Cook, stirring for 4 minutes or until melted and smooth. Stir in peppermint essence and tint green with colouring. Working quickly, pour over base in pan and spread evenly. Refridgerate for 1 hour or until set.

##### Step 4

Place chocolate and remaining 80g copha in a small saucepan over low heat. Cook, stirring for 2 - 3 minutes or until smooth. Cool for 10 minutes. Pour evenly over mint layer. Refridgerate for 3 hours or until set.

##### Step 5

Stand at room temperature for 5 minutes before cutting. Serve.

### Vegan Sugar Cookies

#### Ingredients

##### Cashew-Macadamia Icing

- 1/2 cup raw macadamia nuts
- 1/2 cup raw cashews
- 2-4 tablespoons almond milk
- 1/4 cup maple syrup
- 2 tablespoons coconut oil
- 1 teaspoon vanilla
- 2 teaspoons fresh lemon juice
- 1/2 teaspoon salt

#### Cookies

- 1 1/2 cups all purpose flour
- 1 cup almond flour
- 1/4 cup plus 2 tablespoons cane sugar
- 1 tsp aluminium-free baking powder
- scant 1 tsp sea salt
- 1/4 cup + 2 tbsp chilled coconut oil
- 1/2 cup cold almond milk
- 1 1/2 tablespoons lemon zest
- supernatural sprinkles, for decorating

#### Method

##### Step 1

Make the frosting, in a high-speed blender, combine the macadamia nuts, cashews, 2 tbsp of almond milk, maple syrup, coconut oil, vanilla, lemon juice and salt. Blend until smooth, adding up to 2 tbsp more almond milk, if necessary, to blend. Use the blender baton to help blend. Chill the frosting while you bake the cookies so that it firms up. (Frosting can be made ahead and stored in the fridge for up to 6 days)

##### Step 2

Preheat the oven to 350F and line a large baking sheet with parchment paper. Use a food processor to combine the all-purpose flour, sugar, baking powder, and salt. Add the coconut oil and pulse until combined. Add the almond milk and lemon zest, and pulse until combined.

##### Step 3

Scoop the dough out of the food processor and knead gently to form a ball. Divide the dough into 12 equal pieces and roll each into a smooth ball. Place the balls onto the baking sheet and gently press each down to form small disks.

##### Step 4

Bake for 12-15 minutes or until slightly browned. Remove from the oven and cool on the pan for 10 minutes before transferring to a dry rack to finish cooling. Let the cookies cool completely before frosting.





Coloring Page Flower  
**HYDRANGEA**



# Wordsearch

Create your own wordsearch


_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



## GARDENING

### Consider Where Shade Falls

Where sun and shade fall is an essential consideration because it will determine how quickly and healthily your crops will grow. Almost all vegetables grow best in full sun in all but the hottest regions, but plan to reserve the sunniest spots for warmth, loving crops like tomatoes and peppers.

Spend some time in your garden and make a note of where the sunshine falls at different times of the day, and consider how this will change over the course of the year. Remember, shade cast by deciduous trees in summer won't be there after they have shed their leaves in autumn, which is good news for winter crops like kale, spring cabbage and Asian greens.

Consider the position of the midday sun and plan beds so that taller crops aren't shading shorter ones. Grow plants that can tolerate shade such as salads and leafy greens behind lankier crops.

### Plan Your Garden Workspace

A busy kitchen requires a nerve centre, a place for all propagation, potting on and general pottering about. So be sure to include a bench spare (an old desk or similar will do) to work on your seedlings and plants. It will need to be undercover, or capable of being covered, and you'll need space close by to put all those plants. If you haven't got the space or budget for a full-sized greenhouse, buy or make a cold frame.

### Choose Happy Companions

Companion planting, when plants are grown next to each other for the benefit of one or both, is a very sensible practice, yet one that's often overlooked. By growing, for example, French marigolds among your tomatoes, you can minimise the risk of aphids, while growing nasturtiums close to brassicas like cabbage may help to lure caterpillars away from your crop.

### Plan Your Watering And Water Storage

Plants need water, and even in relatively moist, temperature climates you'll still need to irrigate from time to time. Make sure your new vegetable garden has some means for easy watering sloe to hand, such as an outdoor faucet.

Mains water is precious, so supplement it where you can with stored rainwater, using water barrels to collect water off house, greenhouse and shed roofs. Water barrels take up very little space but will prove a fantastic source of natural rainwater much preferred by plants, and if you're on a water meter it'll save you money too.

### Make Easy Access Garden Pathways

Make sure you can easily get around your vegetable garden. Fail to include garden pathways and you'll find it harder to tend your crops without standing on and compacting the soil. You should be able to comfortably work on beds from your paths, and ideally have enough room for a wheelbarrow to pass through. Aim for a width of at least 18 inches (45cm), but wider is better where possible.

Paths can be paved or gravelled, but they don't have to be. You can lay woodchip, sawdust or some other biodegradable material that will need to be topped up once or twice a year; or just leave paths between beds as grass that is mowed regularly.

### It's All About The Soil

The best soil suitable for vegetables includes lots of compost leaves and ground or shredded, aged bark. Whatever you're starting with, incorporate enough organic material so that the amended soil is neither sandy nor compacted.

When the mix is right, it will bind together when you squeeze it but breaks apart easily when disturbed. This soil is full of living microorganisms that help feed your plants. Water will be sufficiently retained and yet won't be sufficiently retained and yet won't saturate the soil either.

### Use Mulch

Add a three-inch layer of any organic mulch around your plants and over the irrigation lines if possible. Mulch will insulate the soil, helping to keep it cooler in summer and warmer in winter. It also helps retain moisture, suppress weeds and acts as a protective barrier from diseases splashing up onto the plants from the soil, and besides, mulch look great in the garden.

Knowing the source of your mulch is as important as using it. Especially in a vegetable garden. Some mulches can contain unacceptable amounts of harmful chemicals. Although there is no such certification for bulk mulch as yet the non-profit organisation, The Mulch and Soil Council certifies bagged mulches and soils to be free of any harmful ingredients. Look for their seal on the bag or ask your bulk mulch supplier if they know the source of their mulch.

### Use Patience With Pest Control

Although pests are usually a given at some point in any vegetable garden, by exercising patience, nature will usually take care of the problem. After all, of all the insects in your garden only 3% are actually harmful pests. As long as you practice the steps mentioned so far, you've already taken adequate measures to promote the growth of healthy plants which are better able to stand up to potential pest invasions.

If you must resort to insecticides, apply the responsibly. That means only late in the day or evening and then only when necessary. Never apply pesticides in the morning when pollinators and beneficial insects are most active. Otherwise, you'll likely kill them as well.

### Don't Over Fertilize

Too much fertilizer, especially nitrogen can promote plenty of lush green growth at the expense of less fruit and a smaller harvest. Excessive fertilizer can also be harmful to your plants and the soil. Instead, add as much organic compost as possible, up to 20% of the total soil makeup.

## WORLD POLLUTION PREVENTION DAY

December 2 is World Pollution Prevention Day, a day to recognise the important steps individuals and organisations can take to reduce pollution. This special event began in 1989 as an effort to highlight efforts and strategies for reducing emissions of hazardous substances into the environment. It's also a great opportunity for people from all around the world to come together with one goal - helping protect our planet.

### How To Celebrate World Pollution Prevention Day?

#### Reduce Car Emissions

On World Pollution Prevention Day, take your car to the shop to get an emissions test, and make sure it passes. You can also do your part by carpooling or taking public transportation when possible.

#### Say No To Single Use Plastic

Invest in reusable bags and containers for shopping and packing your lunch, and bring them with you when you go out. Say no to plastic straws and utensils so that can help reduce plastic pollution.

#### Pick Up Trash

Take a walk around your neighborhood and pick up any litter you see along the way. It's an easy way to help prevent pollution while also keeping your community looking nice.

#### Plant Trees

Trees are essential for reducing air pollution, so why not spend World Pollution Prevention Day planting some in your local park or school?

#### Educate Others

Share information about World Pollution Prevention Day with friends, family and colleagues via emails, social media posts, or other means of communication.

### Why World Pollution Prevention Day Is Important?

#### Pollution Threatens Our

#### Environment

Pollution is one of the biggest threats to our planet's health. It can contaminate our air, water and soil, disrupting ecosystems and making it difficult for plants and animals to survive. World Pollution Prevention Day serves as a reminder that we all need to take action to protect our environment from further harm.

#### Pollution Poses Serious Health Risks

Air pollution has been linked to a wide range of respiratory illnesses such as asthma and chronic obstructive pulmonary disease (COPD). Increased pollution levels have also been linked to higher rates of cancer, heart disease, and stroke. By limiting the amount of pollution that is released into the environment, we can reduce these risks.

#### Pollution Affect Future Generations

The pollution we generate today will have impacts on future generations. Our children and grandchildren will be the ones who are forced to live with the consequences of our actions if we do not take steps now to reduce our environmental impact. World Pollution Prevention Day reminds us all of the importance of working together to make sure that our planet is healthy for generations to come.

#### The Significance Of The Day

This day is celebrated to create awareness among people to prevent any industrial disasters. The day is dedicated to encourage people and industries to adopt pollution control measures to create awareness about environmental pollution.

Every year, around 7 million people die in India due to air pollution, with indoor air pollution killing 4 million. It is believed that nine out of 10 people on the planet do not have access to clean air. The pollutants are very small that they can pass through mucous membranes and other protective barriers to injure the lungs, heart and brain.

### World Pollution Prevention Day History

World Pollution Prevention Day is established in 1989 to address hazardous emissions and environmental concerns, laying the foundation for pollution awareness.

- Over the years, it gained global recognition as a vital event, spurring efforts to safeguard the planet

- Originating from the need to protect the Earth's health, this day highlights the urgency of pollution prevention

- With international participation, it emphasize sustainable practices and collaborative strategies for a cleaner future

- The day's significance deepens as societies unite to combat to pollution, echoing the shared responsibility for our environment.

- Evolving from a localized concept, it now stands as a symbol of worldwide dedication to combat pollution and foster eco-consciousness

- World Pollution Prevention Day spotlights our collective duty to ensure a cleaner, healthier Earth for generations to come

### World Pollution Prevention Day Purpose

- Raise awareness about pollution's impact on environment and health

- Encourage adoption of eco-friendly practices and pollution reduction strategies

- Mobilize individuals, organisations



Rural Aid has been inundated with more than double the number of counselling requests compared to this time last year, as Aussie farmers face the dread and devastation of spiralling drought conditions.

While the welcome rains this week have offered some temporary relief, drought conditions are persisting across the country. The ongoing anxiety around running dry, keeping starving animals fed and facing deadly bushfires threats will continue to weigh heavily on our farmers long after this storm has passed.

Our mates in the bush don't have the same access to health services that many of us take for granted.

Living through the trauma of drought and fire can have a severe and lasting impact on the mental health of the survivor.

After battling intense bushfires he can only describe as 'horrific', Orbost farmer Ron Dooley experienced mental health challenges that persisted for two years before he reached out to Rural Aid for support.

"After the fires I struggled pretty badly with doubting myself. Nothing was clear in my head. I doubted every

decision I made, I had trouble making a decision," Ron said.

There is only more heartbreak and devastation to come as the country once again faces an onslaught of fire – and it's already burned more hectares than in 2019.

With requests for assistance coming in at an alarming rate, we can see the need is great... and it's growing.

Your support at this critical time can make a real impact to Aussie farmers facing ongoing hardship through helping fund our vital water, fodder, counselling, financial, and volunteer assistance programs.

Every dry day is another step closer to devastation.

Drought moves slowly. It creeps up day by day. First comes doubt... then dread... then sheer desperation.

The signs are already there—the dry ground, the dying grass, the empty tanks, the deteriorating livestock. And with El Niño declared and a blistering Australian summer on the horizon, there's only more hardship and heartbreak to come.

By the time the news headlines turn

to this looming crisis, for many it will be too late.

We need action now, not reaction later. Buy a Bale... for our mates in the bush.

Survival is only possible through preparation.

Some farmers are trying to feed up their stock now, to keep them going for longer as conditions worsen. Others are destocking, selling their herd at huge losses even though there is little point. With prices this low it's barely worth going to market... yet somehow the prices at grocery checkouts keep going up.

An 84-year-old farmer from Biggenden, Betty's property was severely damaged during the flood crisis. Having had barely any time to recover, she and her community are now bracing for what's promising to be a hugely challenging dry season.

"If you have a look at my paddock, there's not a green speck anywhere. We've had no rain at all since about January which means that I've been feeding stock for ages. And if you're feeding stock, it costs money," said Betty.

**Aussie farmers are facing a mental health crisis.**

RURAL aid buy a bale

# CHRISTMAS & NEW YEAR TRADING HOURS

Monday 18 December	08.00am - 05.00pm
Tuesday 19 December	08.00am - 05.00pm
Wednesday 20 December	08.00am - 05.00pm
Thursday 21 December	08.00am - 05.00pm
Friday 22 December	08.00am - 05.00pm
Saturday 23 December	08.00am - 11.00am
Sunday 24 December	CLOSED
Monday 25 December	CLOSED
Tuesday 26 December	CLOSED
Wednesday 27 December	08.00am - 05.00pm
Thursday 28 December	08.00am - 05.00pm
Friday 29 December	08.00am - 05.00pm
Saturday 30 December	08.00am - 11.30am
Sunday 31 December	CLOSED
Monday 1 January	CLOSED
Tuesday 2 January	08.00am - 05.00pm

MIGHTY HELPFUL  
**MITRE 10 THE OTHER HARDWARE STORE**





## Passion meets purpose at Wheatbelt NRM!

Are you ready to be part of a dynamic team dedicated to cultivating a vibrant Wheatbelt community? Wheatbelt NRM invites passionate community leaders and aspiring leaders to join our Board and play a pivotal role in shaping a thriving and sustainable future for our local environment.

Passion meets purpose at Wheatbelt NRM; share your unwavering passion for the Wheatbelt and contribute your expertise from community groups, other Boards, or your professional endeavours.

We're looking for individuals with experience and passion in one or more of the following areas:

- Governance literacy and experience
- Company Secretary experience or training
- Aboriginal engagement and liaison
- Financial governance and reporting
- Natural resource management

Board Members must live, own land, work within and/or operate within the Avon River Basin. If you are ready to contribute to a thriving Wheatbelt community and make a lasting impact on our environment, we invite you to submit your Resume and a Cover Letter addressing your experience in the above areas. While we value diverse experiences, it is not expected that candidates have experience in all areas.

**Want to know more?** Please contact Valetta Roberts, Executive and Governance Coordinator on 9670 3138.

**Ready to make a difference?** Applications are to be sent to [vroberts@wheatbeltnrm.org.au](mailto:vroberts@wheatbeltnrm.org.au) by Friday 1 December 2023.



**WE ARE HIRING.**

### APPRENTICE METAL FABRICATOR

Are you looking at becoming a tradie, come kick-start your career with us.

Titan Engineering are looking for capable people to join our growing team in the agriculture manufacturing sector based in Kondinin.

If you have a willingness to learn and are a team player, Titan Engineering is interested in talking with you.

Feel free to call me, Peter Harvey on 0428 891 200 or email [peter@titaneng.com.au](mailto:peter@titaneng.com.au)



Dr Andrea Roberts BVMS, PO Box 543 MERREDIN WA 6415  
Ph:0428212945 ABN23036138418

#### Narembeen Kulin Kondinin Mobile Vet Visiting Dates

Wednesday 2 <sup>nd</sup> February	Monday 28 <sup>th</sup> February	Tuesday 29 <sup>th</sup> March
Wednesday 27 <sup>th</sup> April	Tuesday 24 <sup>th</sup> May	Tuesday 21 <sup>st</sup> June
Tuesday 19 <sup>th</sup> July	Monday 15 <sup>th</sup> August	Tuesday 13 <sup>th</sup> September
Tuesday 11 <sup>th</sup> October	Tuesday 8 <sup>th</sup> November	Tuesday 6 <sup>th</sup> December

Please contact Dr Andrea Roberts on 0428212945 by text or phone call to make an appointment. Appointments for your pets and livestock right to your door

## FESTIVE SEASON HOURS BENDIGO BANK KULIN

*WE WOULD LIKE TO WISH ALL OUR  
CUSTOMERS A  
MERRY CHRISTMAS AND  
A PROSPEROUS NEW YEAR  
FROM OUR BOARD AND STAFF MEMBERS*

WEDNESDAY – 27 DECEMBER – **CLOSED**

THURSDAY – 28 DECEMBER – **CLOSED**

FIRDAY – 29 DECEMBER – **CLOSED**

RE-OPENING FOR BUSINESS ON - 2 JANUARY 2024



# DUFFY ELECTRICS

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**Steve Cooke, Area Manager - Corrigin**

Mobile: 0429 934 243 Email: scooke@summitfertz.com.au



### LOCAL CHURCHES

#### UNITING CHURCH

10:30am Morning tea  
11:00am Service starts  
1st and 3rd Sunday of each month

#### CATHOLIC CHURCH

Fr Truc Nguyen  
M: 0426 018 782  
8am 1st, 3rd, 4th Sunday and 5th

#### 10:30am 2nd Sunday

#### ANGLICAN CHURCH

Regular services in Kulin have stopped for the time being, however, the Anglican church can be made ready for special services.

Katheryn Wilson- 0429 801 228  
Bunbury Office- 08 9721 2100

### KULIN MOTOR MUSEUM

Wednesday 10am- 12:30pm  
Saturday- 10am-2pm  
Clarrie- 9880 1058  
Bill- 0429 804 615  
John- 0427 386 849

### KULIN LIONS CLUB



Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed.  
H McInnes 0429 801 215  
T Barndon 0428 939 189  
R Doust 0499 802 054

### CONTAINERS FOR CHANGE

#### ARTS CENTRE

A simple way to make a contribution to the Kulin Arts Centre is to support their Containers for Change collection. Simply return your containers and use the ID C10333381.

All Good Refund Depot come to Kulin on the last Wednesday of every month. They pick up returns from the Kulin Memorial Hall at roughly midday. Contact Belle at the Shire for more info.

### KULIN CHILDCARE CENTRE

You can help support our local Child Care centre with just your bottles and cans. Drop your eligible containers into the bin behind the Memorial Hall or to any Containers For Change donation point using the ID C10351204

### JUSTICES OF THE PEACE

MT Lucchesi 9880 4050  
JM McInnes 9880 1360  
R Noble 9880 1383  
BW Sloggett 0427 081 925

## Useful contacts for someone who's not ok

#### Lifeline (24/7)

13 11 14  
lifeline.org.au

#### Suicide Call Back Service (24/7)

1300 659 467  
suicidecallbackservice.org.au

#### Beyond Blue (24/7)

1300 224 636  
beyondblue.org.au

#### 1800 RESPECT (24/7)

1800 737 732  
1800respect.org.au

#### Kids Helpline (24/7) (5-25 yrs)

1800 55 1800  
kidshelpline.com.au

#### Mensline

1300 78 99 78  
mensline.org.au

#### QLife (LGBTI support)

1800 184 527  
qlife.org.au

#### 13YARN 24/7 (Aboriginal and Torres Strait Islander support)

13 92 76  
13yarn.org.au

For more information and tips  
ruok.org.au





## Kulin Contacts

Nursing Hours: Tuesday & Wednesday 8:30am-2:30pm

CHSP Co-Ordinator / Nurse by Apt: Thursday & Friday

Kulin Doctors Surgery: 9880 1315

Kondinin Medical Centre: 9889 1753

Kondinin Hospital: 9894 1222

Western Power: 13 13 51

Water Supply: 13 13 75

Kulin Water Depot: 9880 1356

Crime Stoppers: 1800 333 000

Kulin Police: Kulin Police station is staffed by 2 officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

For emergencies: 000

For non-urgent incidents: 131 444

Officer at Kulin Police Station: 9861 5800

Did you know that you can use your smart phone to report local issues? Just download the free Snap Send Solve app and get Snapping! When you're out in the community, you are our eyes and ears. If you see something that doesn't look right, just Snap Send Solve it!