

THE KULIN UPDATE

19 October 2023

4 WORK HAPPENINGS 14 DR CHUKWUNEKE

As some of you may already know, we will be saying goodbye to two of our very valued Shire staff.

We have another very special interview today from Belle, read more about Dr Chukwuneke on page 14

16 KULIN TO CAMBODIA

There are plenty of photos to see from Cambodia.

CITIZENSHIP CEREMONY





Mon- Fri 8:30 am - 4:30 pm
 38 Johnston Street, Kulin WA 6365
 (08) 9880 1021
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home

THE KULIN UPDATE FAQ

Contact

Phone: (08) 9880 1021
 Email: marketing@kulin.wa.gov.au

How to receive the Kulin Update via Email?

To receive "THE KULIN UPDATE" digitally, please sign up [here](#).

How to advertise in the Kulin Update?

1. Download the Kulin Update Booking form and fill it in.
2. Attach the booking form and the content that you wish to publish to an email and send it to marketing@kulin.wa.gov.au.

When are the deadlines?

All articles incl. fully-filled in booking forms are to be submitted no later than **Tuesday, 4pm prior to any publication date.**

When is the next deadline?

The next deadline will be the 31 October, 2023

Advertising costs:

1/4 page b/w \$20
 1/2 page b/w \$25
 Front/Back page \$100

Members receive 25% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG

Have you got news?

If you would like to share news or information with the Kulin community, please email marketing@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

31st	October	2023
14th	November	2023
28th	November	2023
12th	December	2023

HAPPY BIRTHDAY!

October

19th	Barry Smoker, Tate Robertson
20th	Lex Cook, Wendy Gangell, Gethin Davies, Leanne Saunders
21st	Ethan Sullivan
22nd	Kameron Toa
23rd	Charlie Bradford, Laney Duckworth
24th	Rob Pittard, Peter Pittard
25th	Stella Wade, Ned Bowey
26th	Eliza Hobson
27th	Karen Sullivan
28th	Abbey Noble
29th	Tom Bennier

November

1st	Irene Bain, Ray August, Anastasia Pajic
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10. OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 Sunday Golf	02 Rubbish Dr Chukwunneke @ Kondinin	03 Recycling Dr Chukwunneke @ Kulin Nurses Clinic Open Yogalates Remedy Physio (8am-4pm)	04 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Ladies Golf Remedy Physio (8am-4pm) Social Tennis @ 5:30pm KBR pop up shop 1-5:30	05 Dr Chukwunneke @ Hyden KBR pop up shop 10-4	06 Dr Chukwunneke @ Kulin Kulin Bush Races	07 Kulin Motor Museum (10am-2pm) Kulin Bush Races
08 Sunday Golf Kulin Bush Races Social Bowls at 2pm	09 Rubbish Dr Chukwunneke @ Kondinin	10 Dr Chukwunneke @ Kulin Nurses Clinic Open Yogalates Remedy Physio (8am-4pm)	11 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Ladies Golf Remedy Physio (8am-4pm) Social Tennis @ 5:30pm	12 Dr Chukwunneke @ Hyden	13 Dr Chukwunneke @ Kulin	14 Kulin Motor Museum (10am-2pm)
15 Sunday Golf	16 Rubbish Dr Chukwunneke @ Kondinin	17 Seniors Movie Day Recycling Dr Chukwunneke @ Kulin Nurses Clinic Open Yogalates Remedy Physio (8am-4pm)	18 Council Meeting Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Ladies Golf Remedy Physio (8am-4pm) Social Tennis @ 5:30pm	19 THE KULIN UPDATE Dr Chukwunneke @ Hyden	20 + Dr Chukwunneke @ Kulin	21 Kulin Motor Museum (10am-2pm)
22 Tennis John Wilsons Fast Fours Open Day	23 Rubbish Dr Chukwunneke @ Kondinin	24 Dr Chukwunneke @ Kulin Nurses Clinic Open Yogalates Remedy Physio (8am-4pm)	25 + Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Remedy Physio (8am-4pm) Social Tennis @ 5:30pm	26 + Dr Chukwunneke @ Hyden	27 + Dr Chukwunneke @ Kulin	28 Kulin Motor Museum (10am-2pm) Kulin Fire Brigade 50th Birthday
29	30 Rubbish Dr Chukwunneke @ Kondinin	31 Halloween Recycling Dr Chukwunneke @ Kulin Nurses Clinic Open Yogalates Remedy Physio (8am-4pm)	01 Dr Chukwunneke @ Kondinin Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Remedy Physio (8am-4pm)	02 The Kulin Update Dr Chukwunneke @ Hyden	03 Dr Chukwunneke @ Kulin	04 Kulin Motor Museum (10am-2pm)

As some people might already know we say goodbye to Grant Jenks as he finishes up with the Shire on the 27th of October. Grant has been the Works Supervisor for the past 15 months and is now moving back to be closer to his family in Mount Barker. Grant has been a valued member of the staff over this with his vast knowledge.

We will also say good bye to Jonathon Victor Quinn or Bro as he is commonly known as to us. You may have noticed that he hasn't been wandering through the town gardens with his happy nature. Bro has been

with the Shire for just over 11 years and has been part of the gardens crew the whole time. I would like to thank both Grant and Bro for their time with the Shire and wish them both all the best for the future.

With Grant leaving us as the Works Supervisor, we have now found a suitable replacement in David Tholstrup (Toasty). Toasty is a long term resident of Kulin in between his travel adventures. Toasty is now settled back into Kulin and will have his family join him in January.

We would also like to hear from anybody that might like to fill a casual gardeners position based in Kulin. Hours for this position can be flexible to suit the right person. Should you like more information please contact myself.

As always Toasty can be contacted on 0482 801 104 or myself, Judd on 0427 801 241.

Judd Hobson
Executive Manager of Works



SHIRE OF KULIN

Facilities Cleaner – Permanent Part Time

The Shire of Kulin is seeking an organised and reliable person to join our team undertaking cleaning of Shire facilities within the Kulin townsite.

The successful applicant would need to be able to provide and maintain a high level of service to ensure each facility is always clean and presentable.

Excellent interpersonal skills and the ability to work with limited supervision are a requirement. Experience in cleaning commercial facilities is desirable (but not essential). You will work around 20-25 hours per week, with flexibility in working hours to meet needs as they arise.

This position includes liaising with Centre Managers, along with stock control of cleaning products and equipment.

For more information, go to www.kulin.wa.gov.au or contact Fiona Murphy on 9880 1204. Applications outlining employment history and 2 recent referees should be addressed to the Executive Manager of Financial Services and sent via e-mail to emfs@kulin.wa.gov.au or posted to PO Box 125 Kulin 6365. **Applications close on Friday 27 October 2023.**

Alan Leeson
Chief Executive Officer

PUBLIC TENDER



OUTRIGHT PURCHASE

The Shire of Kulin offers for sale by way of Public Tender a 2022 Toyota Hilux SR5 Diesel 2.8L Dual Cab Utility 4x4 - automatic

- (VIN# MR0BA3CD400065425)
- Licensed to 14 July 2024
- Approx kilometres 25,000 km's
- Reserve price \$65,000
- Glacier white, alloy wheels, bull bar, tow bar, front & rear seat covers, LED light bar, enclosed canopy (side windows), internal Toyota bed slide
- Near new condition
- Availability early November
- Vehicle available for inspection by contacting Judd

JUDD HOBSON

EXECUTIVE MANAGER OF WORKS

For more information

0427 801 247

works@kulin.wa.gov.au

Tenders will be accepted until 4pm Wednesday, 18th October 2023



KULIN RE-USE WATER SUPPLY

STARTING ON THE 1ST OF NOVEMBER 2023

The Shire of Kulin wishes to advise that the town re-use water supply to the oval will recommence the week beginning 1st November 2023. This water will be applied between the hours of 10:00pm and 3:00am so will have no impact on normal oval use.



📞 9880 1204



SNAKE HANDLERS

CBH have qualified snake handlers and catchers. If you find a scaley friend in your house or yard you can call 0419 232 951 (Sam) and I can get one of our team members to you to remove the snake safely. I have handlers in Corrigin area, Kulin area and Kondinin Shire area over the harvest period. We are happy to offer this service to the community no charge.

If you do come across a snake please call and we can help. We do ask that you keep track of the snake as they don't remain in one spot and we can't spend all day looking for them.

0419 232 951



THANK YOU

We (Astrid, Darren and Karma) would like to sincerely thank the community of Kulin during our 3 months work with the Shire and stay at the caravan park. Firstly, Bronwyn Nutting thank you for referring us to Judd and Fiona. Judd and Fiona thank you for the opportunities you gave us. We had heard jobs were out there and we were thrilled to see we were part of that. Ambrose, Tyler (you are an absolute legend Tyler and fantastic to work with), Grant Jenks, Owen, Rob Doust, Jezza, Wayne, Alan Jones and Ken Warren and all the guys. Thank you. Clarrie and Pam welcomed us into their home, Zina in the PO, always a happy smile and so helpful, Bronwyn, a beautiful friend and work colleague, wishing you health, happiness and success you deserve it. Bhel, thank you for your help. Trish, lady you just totally rock, great soul and an inspiration to your communities. New friends, new experiences, Kulin you will be in our hearts and memories forever. Hope to see you all again soon. If I have missed someone I apologize but thanks to a wonderful community.



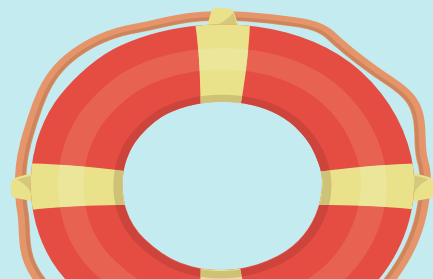
EXPRESSION OF INTEREST

KULIN AQUATIC CENTRE SLIDE ATTENDANTS 2023/24 SEASON

WE ARE ON THE SEARCH FOR PEOPLE WHO CAN OFFER CUSTOMERS A FUN AND UNIQUE EXPERIENCE ON THEIR VISIT TO THE KULIN AQUATIC CENTRE. WE WOULD LOVE TO HEAR FROM YOU FOR THE POSITIONS OF SLIDE ATTENDANT. THESE POSITIONS ARE VITAL TO THE OPERATIONS OF OUR WATERSLIDE, ENSURING COMPLIANT SLIDE SAFETY AND MAXIMUM ENJOYMENT.

IF YOU ARE 14 AND OVER CONSIDER JOINING THE AQUATIC CENTRE TEAM THIS SUMMER. TRAINING IS PROVIDED FOR THE RIGHT CANDIDATES!

FOR MORE INFORMATION OR TO REGISTER YOUR INTEREST PLEASE CONTACT THE DETAILS BELOW.



pool@kulin.wa.gov.au
9880 1204



Fire Hazard Reduction Notice

In accordance with Section 33 of the Bush Fire Act 1954
Land Over 2000sqm

Firebreak of at least 3m in width to be installed and cleared of all flammable material immediately inside and along the land boundaries by 1 November and be maintained up to, and including, the 31 day of March.

Additional Firebreaks to be installed and cleared immediately around buildings that are on that land.

Flammable Material Includes:

- Dead/Dry/Overgrown Grass & Weeds
- Leaf Litter build-up
- Dead/Dry Timber or Trees
- Stockpiles of Boxes/Cartons/Paper
- Any other material likely to catch fire & burn
- Any other thing deemed by an Authorised Officer to be capable of combustion

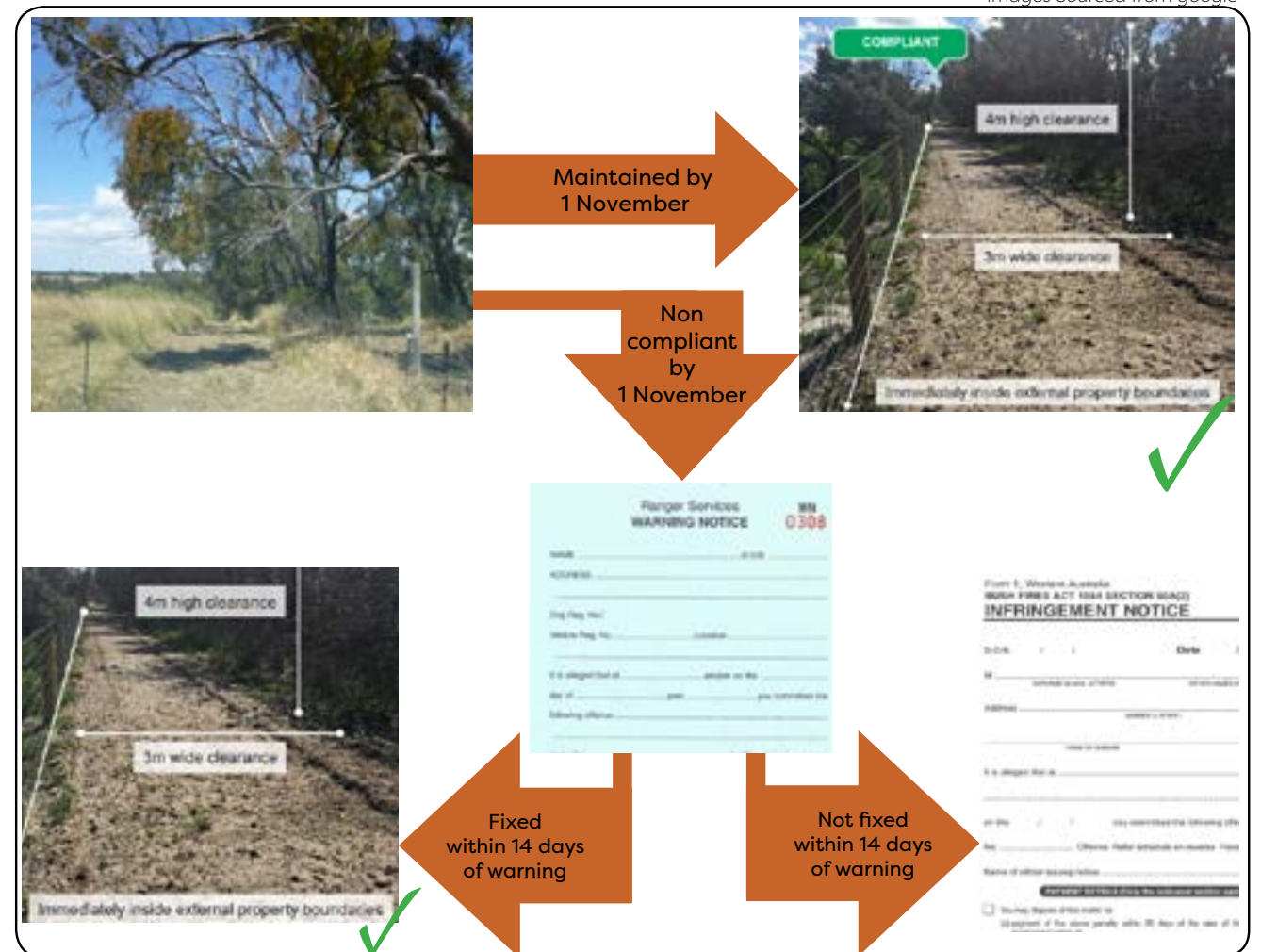
“Flammable material” does not include green growing trees or green growing plants in gardens. It also does not include plants native to the region that are fire resistant e.g. Saltbush shrubs.

Failure to comply with the Shire’s Fire Hazard Reduction Notice is an offence under the Bush Fires Act 1954 and may result in a penalty of up to \$5000, plus additional contractor and administration costs to carry out fire prevention works on your property.

Fire Restrictions

19 Sept – 31 Oct	Permit Required
1 Nov – 15 Feb	All Burning Prohibited
16 Feb – 15 Mar	Permit Required
16 Mar – 18 Sept	No Permit Required

Images Sourced from google





FREEBAIRN RECREATION CENTRE CLUB ANNUAL GENERAL MEETING

Meeting Agenda- Thursday October 26th 2023

6pm at Freebairn Recreation Club

Chairperson- Travis McAdam

Attendees-

Apologies –

Minutes – Caroline Carrie

- Reading & Confirmation of Minutes
 - Annual General Meeting 27th October 2022
- Chairperson's Report
- Centre Manager's Report
- Statement of Accounts
- Election of Office Bearers
- Election of Club Auditor
- General Business
 - Food Safety Standard 3.2.2
 - Funding Opportunities
 - Constitution
 - Tennis Court
 - Changing Room
 - Other Business

Closure of Meeting

The Freebairn Recreation Club Inc. Notice of Annual General Meeting

In accordance with the Clubs Constitution the Annual General Meeting of the Freebairn Recreation Club Inc is scheduled to be held on

**Thursday 26th October 2023
Commencing at 6 pm**

The order of business for the meeting will be:

- Reading & Confirmation of Minutes
 - Annual General Meeting 27th October 2022
- Chairperson's Report
- Centre Manager's Report
- Statement of Accounts
- Election of committee for the Freebairn Recreation Club Inc.
- Special Business of which Notice of Motion has been given.
- General Business

Call for Nominations for FRC Management Committee

The Freebairn Recreation Club Management Committee is a sub-committee of the Kulin Shire Council. The committee exists to provide a link between the Kulin Community and the Kulin Shire Council to ensure that our fantastic facilities are maintained to enable the effective use by its Members as required.

Any person wishing to become a member of the Management Committee must nominate in writing, signed by the **Proposer and Nominee** who must **both be full financial adult members**, and hand it into the Manager by closure date.

NOTE: NOMINATIONS CLOSE 19th October 2023.

A nomination list will be displayed on the notice board in the Recreation Centre 7 days prior to the AGM.

Members unable to attend the AGM may lodge a vote on an approved ballot paper obtainable from the Centre Manager 7 days prior to the AGM.

NOTE: Voting forms must be returned to the Centre Manager by 3pm Thursday October 19th, 2023.

Nomination forms are available from the Centre Manager.

Centre Manager: Caroline Carrie PH: 9880 1000 reccentre@kulin.wa.gov.au



FREEBAIRN RECREATION SPORTING COUNCIL MEETING

Thursday 26th October 2023

6:00pm (followed by FRC AGM at
6.30 pm)

Freebairn Recreation Centre

** at least one representative from every
Club to be in attendance*



FREEBAIRN RECREATION SPORTING COUNCIL MEETING

Meeting Agenda – Thursday 26th October 2023
6:00pm at Freebairn Recreation Centre

Minutes – Caroline Carrie

Agenda Items

1. Present/ Apologies
2. Previous Sporting Council minutes – 27th October 2022
3. Matters arising from previous minutes.
4. General Business.
 - 4.1 Feedback/ Issues from Clubs
5. Meeting Close

SHIRE NOTICES

NOTICE

**If you would like a community
group event to go on the Shire
website please email the event
information or a poster in JPG or
PNG format ONLY to Belle.**

 rcmgr@kulin.wa.gov.au

I'm sure you have all heard all the amazing reviews that are coming in from one of our newest community members - Dr Vivienne Chukwuneke. I had the honour of getting to interview her for this edition of the Update. With 15 years of experience under her belt, Dr Chukwuneke is an amazing asset to not only our Medical Centre, but to our whole community.

When I asked if she had lived regionally before, it was a very firm: NO! However, Vivienne's initial thoughts of Kulin are all positive (phew), "it's different, good different, people are so nice and welcoming, they're eager to make you part of the community". Considering it is her first time not living in an urban or city area, I'm happy that we have made a positive first impression!

Upon seeing the advertisement for the doctor position, Dr Chukwuneke googled Kulin, having never heard of our town before. Wanting to do something different than what she was used to, Vivienne looked at the advertisement and saw a good opportunity to try something new. For her, taking this job meant getting to see how people lived differently, as well as being able to help in new areas and learn about new people and places.

Becoming a doctor was not a single moment of inspiration for Dr Chukwuneke, it was all she ever wanted to do. From an early age she felt as though it was the only thing she could do or would be good at, and her family was supportive and encouraging. It felt natural to follow the path to medicine.

This path really was the right one, as Dr Chukwuneke stated that she is "wife, mum, sister, daughter, however, the only role that has a template is being a doctor, it is the only one you know what is going to happen and how". Vivienne believes that being a doctor is what she will continue to do for the rest of her life.

After studying an Undergraduate

degree in Nigeria, Vivienne then moved to England and did speciality training and study (women's health, paediatrics and obstetrics), eventually completing a Doctor of Medicine and becoming a GP, practicing in England. It was a holiday to Australia that inspired the big move across continents, and suddenly, Dr Chukwuneke was working in a whole new country!

For Dr Chukwuneke, the hardest part of being a doctor is having to break bad news, "it's something you never get used to, each time you have to do it, it feels like the first time". Something that doesn't get enough recognition, bearing the load of bad news is something that weighs on the shoulders of the news giver too, "I don't know how to make it easier, or if it does get easier". By the same token, the best part of being a doctor is "getting to break good news, watching people go from despair to being grateful for the help given", as well as "being there to navigate through difficult time, holding people's hands through the process".

When asked about her accomplishments, Vivienne gave me a truly beautiful answer, "I think my greatest accomplishment is being a mum to my autistic son, learning every day how to be a mum to him, he is such a wonderful soul, and learning how to help him open up, I feel like I'm winning, that's my accomplishment".

For Dr Chukwuneke, the simple pleasures in life involve having a quiet day, reading James Patterson books in an oodie, sipping tonic (with a side of gin to go with it). "The best weekend would be no social events, just wearing pyjamas and reading a book, maybe ordering food, and the kids sorting themselves out".

The earlier days of Vivienne's life were fairly triangular, school, work, church. Vivienne's dad was a clinical psychologist, and her mother was an administrator at a university. Vivienne lived a fairly sheltered life, and was the oldest of 6 children. In

the household there were no gender roles, everyone did what they could, and did what was expected; went to church and went to school. Her first year at university was also her first year being away from home, which made it a really hard time, although she made some lifelong friends, that are now located all over the world.

Vivienne has also made her way around the world, being born and raised in Nigeria, Dr Chukwuneke has also travelled around Europe, including Spain and England, as well as Dubai and Doha.

As always, the final two questions:

1. What Advice Would You Give Your Teenage Self?

"I would do it all the same if I went back, my advice to her would be - don't lose sight of your values, and have a bit more fun, although I still have pretty much the same idea of fun".

2. How Do You Make The World A Better Place?

"By the little things we do every day: helping a person having a hard time, patting them on the back and supporting them. Smiling to a person on the street, hoping to lift them up a bit, you never know if they are having a hard time and that smile might really help them. Trying to make myself a better person in little bits every day".

I feel so honoured to have had the opportunity to get to talk to Dr Chukwuneke. She is already proving to be an amazing asset to our community. Vivienne gave me some beautiful answers to my questions, and I would like to extend a massive thank you for taking the time to talk to me.

Belle Brandis
Community Development Officer

STOP AND SMELL THE ROSES

I've just got back from 5 weeks leave where I went to France to watch some rugby union games and do a bit of touring. While I was away, I was very aware of how lucky we are to live where we do. It had me thinking how sometimes we take for granted the beauty and lifestyle we have.

I travelled to France and Doha, great places to visit. Doha to me was another world, busy streets, busy highways and tall buildings everywhere, extremely modern and fast paced. France was a mixture of historical places surrounded by modern infrastructure such as bullet trains, e bikes and scooters and traffic. Both had people everywhere but the locals I spoke to loved where they lived and the lifestyle they had. This made me stop and reflect on how the people I spoke to are able to see the beauty of where they live. Even in what was to me mahem these people loved where they live and embrace the community around them. Where you live is what you make of it.

The power of connection and belonging is very important for our wellness and mental health. This includes connection to your community. This does not have to be the whole community but is what you feel is your community. Your family, neighbours, friends and others who you have a connection with.

Portugal once had the biggest heroin

addiction problem in Europe. In a radical social experiment Portugal now has very little issue with addiction. Portugal decided that rather than arrest and lock up addicts they would engage the person and support them as a community to beat their habit. This could be an article on it's own. But Portugal gave the addicts a sense of belonging to the community rather than seeing them as criminals. Saw the addiction as a mask of the individual's real issue being coped with through substance abuse (the comorbidity). Gave the addict a sense of hope, Portugal turned their issue around completely. This is how powerful belonging to a community and feeling valued can be.

Sometimes we need to remind ourselves of what we have rather than what we want. Take a step back a deep breath and take in the beauty around you. Smell the roses. As work life's stressors increase through factors we have little control over our community is still there, so stay connected. As the busier time of the year approaches make plans now for 'me time'. The expert on how your coping is yourself so listen to yourself. Listen to what your body is telling you, challenge the negative thoughts and remind yourself that its not reality. Most of us have been through tough busy times before and been OK, remind yourself of this fact.

Be the one to instigate a get together.



Keep it simple such as a phone call 'hey I'm throwing a bbq come over'. If you are going into town to pick something up make this 'me time' and catch up with friends over a lunch. Stop, grab some nibbles and a drink and watch the sun go down. Call that friend and have a chat. Don't wait for someone else to organise something, just do it. I know I say this a lot and often in my articles, but the fact is catching up with friends and talking about similar realities is a powerful tool in maintaining our wellbeing. Stay connected.

Sometimes our worries and stress can become overwhelming. Ensure you ask for help. Asking for help when you aren't feeling your usual self takes a lot of strength. But the very same strength can be used to with help of another to get you back on track. Others and I are here to assist, so don't hesitate to reach out.

Roger
Rural Aid

We all made it home in one piece! We arrived back in Australia at midnight on Friday night, tired but very proud of our achievements.

It is estimated that through our combined fundraising we helped over 300 children. Some of our donations included:

- 60 new mattresses to Sunrise Childrens Village
- 25 new water filters to 25 families
- New school uniforms and school bags for all the kids at Krousar Thmey Long Term Care Centre
- A monetary donation to the Missionaries of Charity to help pay

for the things required to care for the abandoned babies and toddlers in their care
- 3 new houses for 3 very lucky families

All of this amazing work was only possible with the generous support from so many community members and other likeminded people. We want to say a huge thank you to everyone who supported the initiative and to confirm that we saw firsthand the places and those in need that were the lucky recipients of your generosity.

For those of you that missed our Facebook posts during the trip, you

can still look at some of the things we did on the trip.

We will be having a presentation for sponsors and wider community member in the coming few weeks to talk about our experiences, all are welcome to attend and we will keep you informed of a date when it is decided.

Finally, you can see some photos below of some of our activities as well as the finished product of our house.

Ben Whisson



Race Week

Thank you to those who helped and those who attended our very busy race week. Our art gallery, cooking competition, high tea and specialty meals were a huge success. Anthea Hodgson was a highlight and our "horse songs" pub choir was great fun.

Melbourne Cup

7 November

Special ladies luncheon following the cup, all the usual sweeps and fun to be had, get into your race attire and come along, book a table and invite your friends, prizes for best dressed and best hat.

Kulin Lager

If you haven't yet sampled our lager

best you get in quick while we still have it in stock, this was a fun thing to do in conjunction with the race activities.

3 Johnston Street Kulin
9880 1201
kulincommunityhub@yahoo.com

Wendy Gangell



NDIA is visiting regional WA

Do you live in rural or regional Western Australia and have questions about the NDIS?

The National Disability Insurance Agency (NDIA) and partners (APM and Wanslea Family Services) will be visiting rural and regional WA, on board the Services Australia Mobile Service Centre.

You can visit the Mobile Service Centre and connect with our NDIS representative virtually or face-to-face about a range of topics including:

- Understanding the NDIS, including early childhood and local area coordination services
- Applying to access the NDIS for funded supports
- Understanding the options of managing your funding
- Requesting services with an approved plan.

Dates listed below for a location near you.

[When and where to find Mobile Service Centres - Mobile Service Centres - Services Australia](#)

Wednesday 8th November: 9am – 4pm

- Lake Grace

Thursday 9th November: 9am – 4pm

- Kulin

Friday/Wednesday 10th November: 9am – 3pm

- Kondinin

➤ The Location of the Mobile Service Centre will be advised closer to the event.

ndis.gov.au

BRIDE PARADE 2007



COOKIE DOUGH CARAMEL SLICE AND SALTED CARAMEL BROWNIE

Cookie Dough Caramel Slice

Ingredients

- 175g butter, softened
- 1/3 cup caster sugar
- 1 egg yolk
- 1 cup plain flour
- 1/3 cup self-raising flour
- 395g can sweetened condensed milk
- 2 tbsp golden syrup
- 200g dark chocolate, chopped
- 2 tsp vegetable oil

Edible Chocolate Chip Cookie Dough

- 250g butter, softened
- 1 1/4 cups firmly packed brown sugar
- 1/4 cup caster sugar
- 1 tsp vanilla extract
- 2 1/4 cups plain flour
- 1/2 tsp table salt
- 400g dark chocolate, finely chopped

Method

Step 1

Preheat oven to 180C/160C fan forced. Grease a 20cm x 30cm lamington pan. Line base and sides with baking paper, extending paper 5cm above edges on all sides.

Step 2

Using an electric mixer, beat 150g butter, sugar and egg yolk until light and fluffy. Sift flours over butter mixture. Stir until just combined. Press mixture evenly over base of pan. Bake for 15 minutes to 18 minutes.

Step 3

Meanwhile, combine condensed milk, golden syrup and remaining butter in a small saucepan over medium heat. Cook, stirring for 15 minutes

or until mixture is golden brown and thickened. Working quickly, pour caramel over base in pan. Smooth surface. Bake for 10 minutes or until dark golden. Cool. Refrigerate for 3 hours or until chilled.

Step 4

Make Edible Chocolate Chip Cookie Dough. Using an electric mixer, beat butter, sugars and vanilla until pale and creamy. Sift flour and salt over butter mixture. Stir until just combined. Add chocolate. Using hands, knead dough to evenly distribute the chocolate. Spread cookie dough over caramel layer. Refrigerate for 30 minutes.

Step 5

Place the chocolate and oil in a microwave-safe bowl. Microwave on HIGH, stirring every 30 seconds, for 1-2 minutes or until melted and smooth. Pour chocolate mixture over cookie dough layer. Refrigerate for 1 hour or until set. Cut into fingers. Serve.

Salted Caramel Brownie

Ingredients

- 125g butter, chopped
- 200g CADBURY baking dark chocolate, chopped
- 1/2 cup caster sugar
- 2 eggs lightly beaten
- 1 1/2 cups plain flour

Caramel Filling

- 395g can sweetened condensed milk
- 1 1/2 tbsp golden syrup
- 2 tbsp brown sugar
- 60g butter, chopped

Topping

- 200g CADBURY baking milk chocolate, chopped
- 1 tsp vegetable oil
- 2 tsp sea salt flakes

Method

Step 1

Preheat oven to 180C/160C fan forced. Grease a 20cm x 30cm lamington pan. Line base and sides with baking paper, extending paper 5cm above all edges of pan.

Step 2

Place butter and dark chocolate in a medium saucepan over low heat. Cook, stirring for 5 minutes or until melted. Remove from heat. Stir in caster sugar. Cool for 10 minutes.

Step 3

Add egg to chocolate mixture. Stir to combine. Sift over flour. Stir until combined. Spread mixture into prepared pan. Bake for 20 minutes. Cool.

Step 4

Meanwhile, make Caramel filling: Place condensed milk, golden syrup, brown sugar and butter in a saucepan over medium heat. Cook, stirring constantly, for 10 to 12 minutes or until light golden. Pour caramel over brownie base. Bake for 10 minutes. Refrigerate for 3 hours or until set.

Step 5

Make topping. Place chocolate and oil in a heatproof bowl set over a saucepan of simmering water, ensuring base of bowl does not touch the water. Stir until melted. Spread over caramel. Sprinkle with salt. Refrigerate for 1 hour or until set. Cut into squares.





iHeartCraftyThings.com

SPOOKY CREATURES

C O X J D P H A N T O M G H D Z U F N A
 Q N O O G O Y T N O M E D Q K E U P I T
 Z O M B I E B A N S H E E L D R B R L S
 U R E T S N O M H V K B K S W G W B B O
 E P D T R O L L W S J M P T P O F T O H
 F R A N K E N S T E I N S G U O H Z G G
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 W O X N X A E M E D U S A Y G Q E N R D

WORD LIST

- | | | | |
|--------------|-------------|-------------|----------|
| BANSHEE | GARGOYLE | OGRE | SPIDER |
| BAT | GHOST | PHANTOM | TROLL |
| BLACK CAT | GOBLIN | POLTERGEIST | VAMPIRE |
| BOGEYMAN | GRIM REAPER | SASQUATCH | WEREWOLF |
| COCKROACH | KRAKEN | SHADOW | WITCH |
| CYCLOPS | MEDUSA | SKELETON | YETI |
| DEMON | MONSTER | SNAKE | ZOMBIE |
| FRANKENSTEIN | MUMMY | | |

Homemade
GIFTS MADE EASY

WOODWORKS

Milling

Milling is the process of taking rough lumber and making it into geometrically precise blocks. Milling starts at the jointer, where you first flatten one face of the board. Then move to a planer to make the opposite face of the board smooth. Finally, use the table saw to cut the remaining edge to be parallel to the other. Milling prepares the wood for joinery.

Jointing and Planning

Jointing is the process of flattening one face and one edge as part of the milling process. In special circumstances, the jointer may also be used for rabbeting, bevelling and tapering.

Planning is a technique used to smooth and remove excess material from wooden surfaces. The planer is used to smooth lumber to an even thickness after one face has been flattened with the jointer. Depending on the project, you may choose to plane by hand or using an electric planer. Hand planes are quieter and easier to direct for fine details and create less dust in the woodshop. Electric planers work well for removing large amounts of material from the surface of your wood quickly.

Sawing

Almost every woodworking project starts with cutting down wood using a saw. There are many different types of saws used for different types of projects. Always wear safety glasses and a respirator when you are working with a saw or fine particles. Earplugs or hearing protection are necessary when working with saws and loud equipment. Stay focused when using equipment or hearing protection are necessary when working with saws and loud equipment. Stay focused when using equipment and tools and clear any distractions out of your way.

Chop Saw

The sliding compound miter saw, also known as a chop saw, is generally used for rough cutting lumber to useful dimensions for further milling.

It can be useful for angled cuts as well, though it does not have the precision available via a jig on the table saw.

Hand Saw

Hand saws are lightweight, portable and do not require a power source. They come in many shapes and sizes with a variety of blades. Western saws are heavy and designed to push through wood with great strength. Japanese hand saws are designed to be pulled through the wood gently and have a thinner blade. They are generally easier to use compared to Western hand saws.

Portable Circular Saw

Portable circular saws are efficient, easy to use and portable. The main advantage of these saws is that they work well for fast cuts.

Table Saw

The table saw is a stationary circular saw and is the core machine of most woodshops. They are powerful and precise and one of the most versatile machines in the shop, used to crosscut and rip wood with great accuracy, as well as perform many other operations via the additions of various jigs and alternative blades. While the table saws exposed blade is a clear danger, one of the primary things to watch out for is kickback, when the operator loses control of the work and it gets forcefully thrown in the direction of the blade rotation.

Chainsaw

A chainsaw is a portable saw that cuts wood using a chain and is powered by gasoline, electricity or a battery. It is best for initial rough cuts to shape a project or for sourcing wood when felling or pruning trees for material.

Bandsaw

The bandsaw is generally used for rough ripping and curved cuts, and are also useful for “stopped” cuts as well as resawing. Bandsaws make relatively rough cuts, especially compared to a table saw. They come

in many sizes and are very versatile saws, depending on the size of the stock you plan to cut and the intricacy of your project.

Scroll Saw

The scroll saw is a shop tool that enables you to cut fine, delicate curves and cut work. They use a fine blade that moves up and down to make intricate cuts.

Drilling and Boring

The drilling process creates a hole in the wood, while the boring process removes material to enlarge a pre-existing hole. Attach the correct bit to your drill, depending on the desired size and material. Drilling is done on either a stationary drill press or using a handheld drill driver. Handheld drills are convenient while stationary drill presses provide more precision and power.

Drill Bits

The type of drill bits you use will depend on the size of the hole you need to create, the material you are working with, or the speed of the bit. The range of sizes of drill bits varies vastly.

There are three main types of bits:

- Twist bits are the most widely used of all drill bit types.
- Spade bits are a less expensive alternative for large holes, however they can cause splintering and tear-out.

Drill Press

The drill press is used to make accurate holes and can accommodate a wide variety of bits. Make sure that you run the drill at the correct speed. Smaller bits work best when going fast, and larger bits need the press to go slower. Forcing or feeding too fast can break drill bits. Frequently back the drill out of deep cuts to clean and cool the bit.

HALLOWEEN

When Is Halloween 2023?

Halloween is celebrated each year on October 31. Halloween 2023 will take place on Tuesday, October 31.

Ancient Origins Of Halloween

Halloween’s origins date back to the ancient Celtic festival of Samhain. The Celts, who lived 2,000 years ago, mostly in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on November 1.

This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believed that on the night before the new year, the boundary between the worlds of the living and the dead became blurred. On the night of October 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to Earth.

In addition to causing trouble and damaging crops, Celts thought that the presence of the otherworldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort during the long, dark winter.

Halloween Comes To America

The celebration of Halloween was extremely limited in colonial New England because of the rigid protestant belief systems there. Halloween was much more common in Maryland and the southern colonies.

As the beliefs and customs of different European ethnic groups and the American Indians meshed, a distinctly American version of Halloween began to emerge. The first celebrations included “play parties”, which were public events held to celebrate the harvest. Neighbors would share stories of the dead, tell each other’s fortunes, dance and sing.

How To Celebrate Halloween

Carve Pumpkins

Get your hands on some pumpkins, grab some carving tools and get to work. Get creative with your carvings, use templates or draw freehand. When you’re done, display them in your front yard for all to see.

Bake Halloween Treats

Look up some Halloween recipes online, or make up your own creations. Try out cookies, cupcakes, cake pops and more. Decorate them with spooky designs and surprise your friends with your baking skills.

Throw A Halloween Party

Invite some friends over and plan out Halloween decorations, music, costumes and food. Have everyone dress up in costume and have a costume contest to see who has the best one.

Visit A Haunted House

Take a trip to the nearest haunted house and get scared silly. You can even go to an outdoor haunted trail and take a walk through the forest at night if you’re feeling brave.

Watch Horror Movies

Put together a marathon of classic horror films like *The Shining* or *The Exorcist* to get into the spooky spirit of the holiday. Invite some friends over for a movie night and scare yourselves silly.

Why Do We Love Halloween

It’s A Fun Holiday

Halloween is filled with lots of fun activities, from carving pumpkins to decorating your home. Plus, trick or treating gives you an excuse to dress up in costumes and show off your creative side.

It Lets You Get Together With Friends And Family

Halloween is the perfect occasion for gathering with those you love. Whether you decide to have a costume party or go trick or treating together, it’s always great to spend some quality time with the people close to you during this special day.

You Get Free Candy

What’s not to love about getting delicious treats like candy and chocolates without having to pay for them? Halloween definitely has something for everyone, so why not take advantage of it?

How To Celebrate Halloween As A Family

Decorate The House

Children love to take part in hands on activities so give them the ultimate challenge if converting the house into a spooky mansion.

Read Halloween Stories

Children love stories so why not find some Halloween themed books to read them in the weeks leading up to Halloween? Not only will reading these stories help young children understand what the holiday is what they expect from trick or treating, but it is also precious quality time with each other every evening.

Make Halloween Costumes

On the build up to halloween, find some worn-out clothes and get creative! You can find all kinds of things around the house to create some great homemade outfits for the kids to dress up and act out some spooky scenarios.

Go Trick Or Treating

Whether you buy your Halloween costumes or make them as a family, whip them out for any Halloween parties and to go trick or treating. Get the whole family involved and teach your children all about sharing and giving as they pass out sweets to children who visit their house too.

EMBROIDERY

Embracing Change is the theme of the Country Women's Association of WA have chosen going forward for 23-24. The active, forward thinking, Kulin CWA members have embraced the month recently as we held a 2-day embroidery workshop that attracted interest persons from near and far, young and old from beginners and those with experience.

The West Australian embroidery Guild member Marja accompanied by her husband Brian travelled from Perth to conduct the workshop. Marja brought a lovely display of beautiful stitch work that was stunning to see.

Starting the class with a sample piece of material with completed the basic

stitches, back stitch, sem stitch, fly stitch and daisy just to name a few. Once we chose out kits which had everything in it that we needed we started our own master pieces. The room went quiet, and the serious work began.

All to soon lunch was served with cordon Bleu Smorgasbord of Quiches, sandwiches, sausage rolls and some sweet treats to finish off with. Back to stitching until mid-afternoon, by then you could see the beautiful work the ladies had done with a Dachund, pansies, balloons and shells was some of the work done.

Then it was off to party and the whole group enjoyed a delicious meal and

drinks amidst the chatter at the Hub. Sunday found the enthusiastic group back early to learn as much as possible before Marija the talented patient tutor had to return to Perth. Farewell Marija and thank you for such a great experience. Brian had been enjoying a 2-day tourist tour of Kulin high spots thank you to Jim.

Kulin CWA of Kulin are planning many more experiences in the future, let us know what you are interested in. What a great time we all had with all the lovely craft ladies.

Kulin CWA - community embracing change



On behalf of the Kulin Arts Council, we would like to extend our sincere thanks to those who supported our latest exhibition 'Rust'. We had an excellent showing of high quality artwork from Kulin, Corrigin, Darlington, Hyden, Karlgarin, Narrogin, Cuballing, Merredin, Lake Grace and Wickepin.

During our exhibition we run a People's Choice Award where the public vote for their favourite piece. This exhibition the \$200 prize goes to Val Whiting, Corrigin, for her piece 'The Doorman'. Congratulations Val.

In the Kulin District High School section the People's Choice Award, of \$100 worth of art supplies, went to Kobe Collard.

Our next exhibition will be running 9th-16th March 2024. The theme is 'B' and we have increased our maximum size limit to 1m x 1m. With our recent renovations and new hanging system we are expecting it to be another excellent exhibition.



Weekend Workshops at the



Sat 18th & Sun 19th November

10am-3pm

All materials supplied

BYO lunch \$2 Morning/afternoon tea available

Bookings essential with Erin Bailey 0429 809 013

or Val Whiting 0429 685 131

Card Making with Odette Kermode

Saturday 10-1pm: 3 shaker cards for adults only \$25 pp

Saturday 1.30-3pm: 5 tag cards \$10 for adults and kids

Sunday 10-11.30: 5 tag cards \$10 for adults and kids

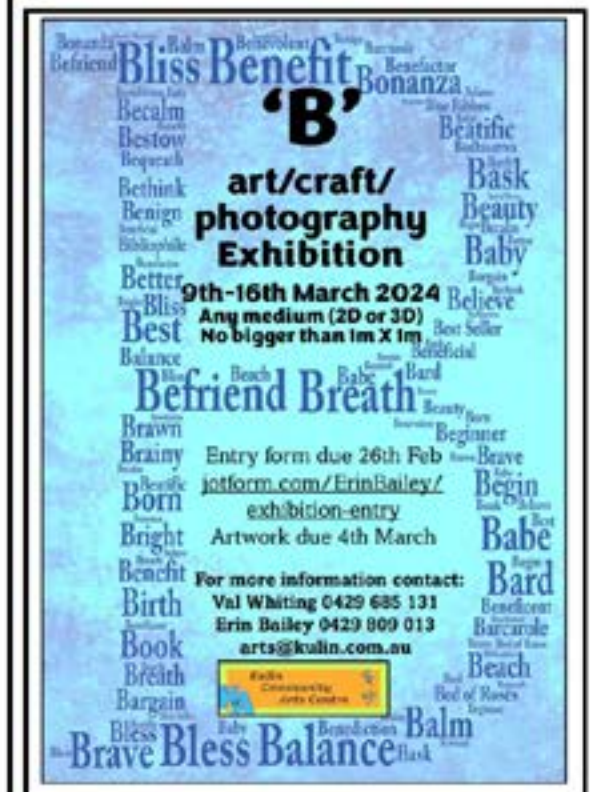
Felting with Pam Williamson

\$35 Saturday only



Macrame with Erin Bailey

\$35 Sunday only





1973

2023

**KULIN VOLUNTEER FIRE
AND RESCUE SERVICE**

URNS 50 IN 2023!



To commemorate 50 years of service to the Kulin community, we are holding a celebration at the Freebairn Recreation Centre on Saturday 28th October commencing at 6.00pm.

Calling all previous members and friends of the Kulin Volunteer Fire and Rescue service, previously the Kulin Volunteer Fire Brigade.

If you wish to attend, please contact:

Secretary Rod Diery on 0427 037 705 or

email KulinVFRS@bigpond.com



YOU'RE INVITED

Community Bank
Kulin

Annual General Meeting

Come along to our Annual General Meeting for 2022/23.
Dinner provided

When Tuesday 24 October

Time 7.00pm followed by dinner

Where Kulin Community Hub

RSVP to Alison kcfstreasurer@outlook.com or call 0439 927 315



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LOCAL CHURCHES

UNITING CHURCH

10:30am Morning tea
11:00am Service starts
1st and 3rd Sunday of each month

CATHOLIC CHURCH

Fr Truc Nguyen
M: 0426 018 782
8am 1st, 3rd, 4th Sunday and 5th

10:30am 2nd Sunday

ANGLICAN CHURCH

Regular services in Kulin have stopped for the time being, however, the Anglican church can be made ready for special services.

Katheryn Wilson- 0429 801 228
Bunbury Office- 08 9721 2100

KULIN MOTOR MUSEUM

Wednesday 10am- 12:30pm
Saturday- 10am-2pm
Clarrie- 9880 1058
Bill- 0429 804 615
John- 0427 386 849

KULIN LIONS CLUB



Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed.

H McInnes 0429 801 215
T Barndon 0428 939 189
R Doust 0499 802 054

CONTAINERS FOR CHANGE

ARTS CENTRE

A simple way to make a contribution to the Kulin Arts Centre is to support their Containers for Change collection. Simply return your containers and use the ID C10333381.

All Good Refund Depot come to Kulin on the last Wednesday of every month. They pick up returns from the Kulin Memorial Hall at roughly midday. Contact Belle at the Shire for more info.

KULIN CHILDCARE CENTRE

You can help support our local Child Care centre with just your bottles and cans. Drop your eligible containers into the bin behind the Memorial Hall or to any Containers For Change donation point using the ID C10351204

JUSTICES OF THE PEACE

MT Lucchesi 9880 4050
JM McInnes 9880 1360
R Noble 9880 1383
BW Sloggett 0427 081 925

FEEDBACK

'Last week we were fortunate enough to stay the night in Kulin next to the Shire Offices in our caravan. We would like to say how great this spot is and we thoroughly enjoyed our visit.'

'The facilities were beautiful and clean and the surrounding paths and gardens were in immaculate order.'

'We loved the Tin Horse Highway and visited some of the rocks as well. Kulin is a credit to the Shire and we will be back for another visit as we didnt have time for the Museum.'

Rae and John Wilson

'I visited your area last week, to see the Ravensthorpe Wildflower Show amongst other things, and made a point of returning to Perth via Lake Grace and Kulin to see the Tin Horse Highway. It is something I have meant to do since reading about it in a novel. Anyhow, my reason for writing is to acknowledge the work that went in to making what I think is around 100 horses. Most of the horses appear to be well maintained, which is essential to preserving this great tourist attraction.'

Christine Joyce

Kulin Contacts

Nursing Hours: Tuesday & Wednesday 8:30am-2:30pm

CHSP Co-Ordinator / Nurse by Apt: Thursday & Friday

Kulin Doctors Surgery: 9880 1315

Kondinin Medical Centre: 9889 1753

Kondinin Hospital: 9894 1222

Western Power: 13 13 51

Water Supply: 13 13 75

Kulin Water Depot: 9880 1356

Crime Stoppers: 1800 333 000

Kulin Police: Kulin Police station is staffed by 2 officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

For emergencies: 000

For non-urgent incidents: 131 444

Officer at Kulin Police Station: 9861 5800

Did you know that you can use your smart phone to report local issues? Just download the free Snap Send Solve app and get Snapping! When you're out in the community, you are our eyes and ears. If you see something that doesn't look right, just Snap Send Solve it!