

THE KULIN UPDATE

1 June 2023

14 AUSTRALIA'S BIGGEST MORNING TEA 28 COMEDY GOLD 30 KERBSIDE CLEANUP

On the 25th of May, we hosted our very own Australia's Biggest Morning Tea. Together we raised \$754.90 and counting.

Kel Balnaves and Simone Springer are just two of the appearances the Gold Comedy Show. Read more on page 24.

This is a great opportunity to get rid of any rubbish not suited to the weekly depot pickups.



AUSTRALIA'S BIGGEST MORNING TEA

The Kulin CRC would like to thank all those community members who attended Australia's Biggest Morning Tea in May this year. \$754.90 was raised on the 25th of May which has been donated to Cancer Council Australia, you can view this on <https://www.biggestmorningtea.com.au/fundraisers/KulinCRC>
Thank you to the Shire staff and community members who kindly donated food, this event wouldn't be possible without you. Another thank you to Acres of Taste and the Kulin Hardware & Rural for donating prizes and gift vouchers for some of the games we played throughout the morning tea.

SO FAR AND COUNTING

\$5,259,429 has been raised and 21,749 morning teas have been registered. Just imagine how many yummy morning tea treats were consumed.

THE FUNDS RAISED FROM YOUR CONTRIBUTIONS ARE HELPING TO

- Give over 38,00 people impacted by cancer practice and emotional support via our 13 11 20 information and support service
- Provide 102,922 nights of subsidised accommodation to cancer patients going through treatment
- Transport over 32,000 people with cancer and their carers to treatment
- Support people affected by cancer with almost \$2 million worth of free legal and financial advice
- Distribute over 727,000 free information booklets to better help Australians understand cancer



CONTENT CORNER



Mon- Fri 8:30 am - 4:30 pm
38 Johnston Street, Kulin WA 6365
(08) 9880 1021
crccounter@kulin.wa.gov.au
www.kulin.wa.gov.au/crc-home

THE KULIN UPDATE FAQ

Contact

Phone: (08) 9880 1021
Email: marketing@kulin.wa.gov.au

How to receive the Kulin Update via Email?

To receive "THE KULIN UPDATE" digitally, please sign up [here](#).

How to advertise in the Kulin Update?

1. Download the Kulin Update Booking form and fill it in.
2. Attach the booking form and the content that you wish to publish to an email and send it to marketing@kulin.wa.gov.au.

When are the deadlines?

All articles incl. fully-filled in booking forms are to be submitted no later than **Tuesday, 4pm prior to any publication date.**

When is the next deadline?

The next deadline will be the 13 June 2023

Advertising costs:

1/4 page b/w \$20
1/2 page b/w \$25
Front/Back page \$100

Members receive 25% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

Accepted document formats:

- PDF
- JPEG

Have you got news?

If you would like to share news or information with the Kulin community, please email marketing@kulin.wa.gov.au

DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

13th	June	2023
27th	June	2023
11th	July	2023
25th	July	2023
8th	August	2023
22nd	August	2023
5th	September	2023

HAPPY BIRTHDAY!

June

1st	Jennie McInnes
2nd	
3rd	Robert Dall, Declan Sullivan, Luke Sullivan
4th	Craig Jasper
5th	
6th	
7th	Emily Pittard, Matt Schmook
8th	
9th	Deirdre Carroll, Rodney Duckworth
10th	Tim Day, Peter Lucchesi, Robyn Schorer
11th	Eileen Thewlis
12th	Christine Tholstrup, Troy Gangell
13th	Kurt Pittard, Kaitlyn Pittard

2023



JUNE



06.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Sunday Golf	29 Reconciliation Day Rubbish Dr Mackie @ Kondinin	30 Recycling Dr Mackie @ Kulin Yogalates Kulin Walking Group	31 Kulin Motor Museum (10am-2pm) Dr Mackie @ Kondinin	01 KULIN UPDATE Dr Mackie @ Hyden	02 Dr Mackie @ Kulin Kids Club Kids Playgroup (9am-11am)	03 Kulin Motor Museum (10am-2pm) Winter Sports
04 Sunday Golf	05 WA Day Rubbish Dr Mackie away	06 Dr Mackie away Yogalates Kulin Walking Group Remedy Physio (8am-4pm)	07 Kulin Motor Museum (10am-2pm) Dr Mackie away Ladies Golf Open Remedy Physio (8am-4pm) Kerbside Rubbish Collection (7am-10am)	08 Dr Mackie away National Best Friends Day	09 Dr Mackie away Kids Club Kids Playgroup (9am-11am) Interschool Cross Country	10 Kulin Motor Museum (10am-2pm) Winter Sports
11 Sunday Golf	12 Rubbish Dr Mackie away	13 Seniors Movie Day Recycling Dr Mackie away Yogalates Kulin Walking Group Remedy Physio (8am-4pm)	14 Kulin Motor Museum (10am-2pm) Dr Mackie away Ladies Golf Open Remedy Physio (8am-4pm)	15 KULIN UPDATE Dr Mackie away	16 Dr Mackie away Kids Club Kulin Playgroup (9am-11am)	17 Kulin Motor Museum (10am-2pm) Winter Sports
18 Sunday Golf	19 Rubbish Dr Mackie @ Kondinin	20 Dr Mackie @ Kulin Yogalates Kulin Walking Group Remedy Physio (8am-4pm)	21 Council Meeting Kulin Motor Museum (10am-2pm) Dr Mackie @ Kondinin Ladies Golf Open Remedy Physio (8am-4pm)	22 Dr Mackie @ Hyden	23 Dr Mackie @ Kulin Kids Club Kulin Playgroup (9am-11am)	24 Kulin Motor Museum (10am-2pm) Winter Sports Kulin Community Markets
25 Sunday Golf	26 Rubbish Dr Mackie @ Kondinin	27 Recycling Dr Mackie @ Kulin Yogalates Kulin Walking Group Remedy Physio (8am-4pm)	28 Kulin Motor Museum (10am-2pm) Dr Mackie @ Kondinin Ladies Golf Open Remedy Physio (8am-4pm)	29 KULIN UPDATE Dr Mackie @ Hyden	30 Dr Mackie @ Kulin Kids Club Kulin Playgroup (9am-11am)	01 Kulin Motor Museum (10am-2pm) Winter Sports

CEO CORNER

Looking out the window and the rain is falling steadily with no wind at all. No doubt a very welcome sight for everyone. Let's hope it delivers broadly across the region.

Shire of Kulin – Abolition of Wards and reduction of number of Shire Councillors

There is certainly plenty of things happening state wide which affects the Shire of Kulin and its ratepayers and residents. Shire of Kulin is affected by the State Government Electoral Reforms. The reforms require the Shire to reduce the number of Shire Councillors from nine down to seven over the next two elections. At the next Shire election (October 2023) the Shire Councillors will be reduced from nine to eight and in 2025 reduced from eight to seven councillors. The existing ward system will also be abolished as a result of the electoral reform package and subsequent Orders issued by the Minister for Local Government.

Tier 3 Rail Recommissioning Study/ Survey – Make sure you have your say!

The Narrogin, Kulin, Wickepin Tier 3 Recommissioning Study explores the relationship between place of residence and local transport issues and the impact that recommissioning the Tier 3 lines may have on local residents and importantly road in the region.

I urge the community to complete the

survey have have your say. The degradation to local roads as a result of more grain trucks on the road network which is a direct result of the closure of rail lines some years ago.

A link to the survey can be found at: Tier 3 Recommissioning Study - Residents Survey | My Say Transport. If you would prefer a hard copy you can pick one up at the Post Office or Shire Administration and once completed return to the Shire.

Recruitment of new Doctor

Work is continuing to process with the Shire of Kondinin to recruit a new doctor to the area. We are pleased to have consistent medical services offered at the Kulin Medical Centre.

Returning Officers required for Local Government Elections 2023

The Western Australian Electoral Commission is seeking motivated Returning Officers to run local government elections in October 2023 across Regional WA. The role of a Returning Officer is a part-time paid position, commencing in August and concluding at the end of October 2023.

Currently, no Expression of Interest has been received from a suitable Returning Officer in Kulin. If you are highly organised with an eye for detail, have well developed community and project management skills and care about the local community and its future we urge you to apply.

Previous experience working on elections is desirable but not necessary

as full training and support for the successful person will be provided. Returning Officers cannot have active or official involvement with any candidate and must be an Australian citizen or permanent resident to undertake this role.

Please find attached a copy of the link to the ad on the WA Jobs Board here: Returning Officer - LGE (jobs.wa.gov.au)

Queries regarding the role can be addressed to ROJobs.Mailbox@waec.wa.gov.au.

Kulin St John Sub Centre

The Kulin St John Ambulance relies on volunteer ambulance officers and urge community members to consider joining. You can make a positive impact to the Kulin community by becoming a St John volunteer. You'll learn new skills, build strong relationships with the people you meet and work with emergency services to make a real contribution to your community. Kulin St John is a vital service in our region and is calling for volunteers to support this critical service by getting involved. For more information on the commitment required go to <https://stjohnwa.com.au/changelives/volunteer/regional/volunteer-ambulance-officer>

As always my door is open if you need to get in touch.

Alan Leeson

Chief Executive Officer



Department of
**Local Government, Sport
and Cultural Industries**

Our ref E23029896
Enquiries Chloe Papasergio
Phone 08 9492 9840
Email Chloe.papasergio@dlgsc.wa.gov.au

Mr Alan Leeson
Chief Executive Officer
Shire of Kulin
PO Box 125
KULIN WA 6365

Dear Alan

SHIRE OF KULIN – WARD AND REPRESENTATION REVIEW

This letter is to advise that the Minister for Local Government has approved the recommendation of the Local Government Advisory Board to abolish wards in the Shire of Kulin and reduce the number of offices of councillor from nine to seven, including a council elected president, over two elections.

The department will now commence a series of administrative and statutory processes to obtain the Governor's approval and publish the changes in the *Government Gazette*. While there is no specific role for the Shire during this time, we will be in contact with your staff during this process and will notify you when gazettal has taken place.

It is anticipated that these changes will be implemented at the 2023 local government elections.

Thanks also to you and your staff for your efforts in undertaking and completing the review on behalf of the Shire.

Yours sincerely

Chloe Papasergio
MANAGER, BOARD GOVERNANCE AND REPORTING

On behalf of the Local Government Advisory Board

18 May 2023

WORKS HAPPENINGS

Improvement to Footpaths and Kerb Ramps

The Shire is currently constructing and reconstructing footpaths. Work is completed on the High Street concrete

footpath. Asphalt will be laid on the McInnes, Price and Gordon Street footpaths (around KDHS). We are also installing 15 new kerb ramps to provide easier and safer road crossings for pedestrians. All kerb ramps have

been design in accordance with relevant Australian Standards to allow for the safest and shortest crossing.

Judd Hobson
Executive Works Manager



HAVE YOUR SAY!

Narrogin-Kulin-Wickepin Tier 3 rail lines

The Department of Transport and the Public Transport Authority are inviting residents of Narrogin, Kulin and Wickepin to have their say on the potential recommissioning of the Tier 3 Narrogin-Kulin-Wickepin rail lines.

Survey results will be used in a study to help inform decision making about the future of the freight lines.

www.mysaytransport.wa.gov.au

The survey closes 5pm Friday 16 June 2023

Applications Invited

Plant Mechanic

The Shire of Kulin are inviting applications for a full time Plant Mechanic. The successful applicant will be responsible for the maintenance and upkeep of Council plant and equipment and associated administrative reports.

A current HR class license, a Construction Safety Card (white card) and a mechanical trade certificate from a registered training provider are required.

The successful applicant will be offered a remuneration package in the range of \$95,000-\$115,000 and will work an 84 hour fortnight spread across 9 days, including an RDO.

Package includes superannuation, housing, limited private use of a Council vehicle, and generous additional superannuation for longer-term employees.

To obtain the application package visit www.kulin.wa.gov.au or email works@kulin.wa.gov.au.

Applications close Friday 26 May 2023 at 4:30pm, and should be addressed to the CEO, sent via email to works@kulin.wa.gov.au

Alan Leeson, CEO.



CAREER OPPORTUNITIES



Subsidised housing, superannuation, leaving loading, great childcare and school facilities and a friendly and strong community dynamic- these are some of the benefits of joining our team.

Want to start a new adventure?

Here are the opportunities you can take:

- Road Train Driver (2 positions available)
- Plant Mechanic

For more information head to kulin.wa.gov.au or email work@kulin.wa.gov.au



FIRE CONTROL OFFICER TRAINING COURSE



Please RSVP to Nicole Thompson eso@kulin.wa.gov.au by 2 June.

Shire of Kulin in conjunction with DFES are holding a Fire Control Officer Training Course on Tuesday 13 June at the Freebairn Recreation Centre. The course will commence at 8am and conclude after lunch.

This course has been developed to provide Fire Control Officers (FCOs) with an understanding of: Legislation - Acts and Regulations, Bush Fires Act and Bush Fires Regulations, Role of FCOs, Judicial process, Permits to burn

The participants will have the skills and knowledge required to ensure that a high standard of Local Government fire prevention and protection is maintained, to assume control at fires, and to encourage compliance with the requirements of the Bush Fires Act 1954, Bush Fires Regulations 1954, Fire Brigades Act 1942, Fire and Emergency Services Act 1998, Conservation and Land Management Act 1984 and Local Government Laws.

All registered bushfire brigade members are welcome to attend (don't have to be an FCO).



Government of Western Australia
Department of Fire & Emergency Services



DR MACKIE ABSENCE

PLEASE BE AWARE

DR MACKIE WILL BE AWAY FROM 6TH JUNE-18TH

JUNE INCLUSIVE. IF THIS CHANGES YOU WILL BE

NOTIFIED.

PLEASE CONTACT MEDICAL@KONDININ.WA.GOV.AU

FOR ANY QUERIES



RCMGR@KULIN.WA.GOV.AU



9880 1021



Kulin Health Services and Support

Monday	Closed		
Tuesday	Doctor Kulin Kulin Clinic Nursing 8:30am-2:30pm	Dr Mackie Veronica Stacey	9880 1315 9880 1056
Wednesday	Kulin Clinic Nursing 8:30am-2:30pm	Veronica Stacey	9880 1056
Thursday	Kulin Clinic CHSP Co-Ordinator (Nurse by appointment)	Yvonne Ebsary	9880 1056
Friday	Doctor Kulin Kulin Clinic CHSP Co-Ordinator (Nurse by appointment)	Dr Mackie Yvonne Ebsary	9880 1315 9880 1056

Kondinin Hospital **9894 1222**
Emergency **000**
Kondinin Doctor Surgery **9889 1753**



HR & MC Training Courses KULIN

HR Training - 24-25 September

MC Training - 26-29 September

Class required	BADT Client Cost
HR Upgrade 8hrs Training inc Assessment	\$1,795.00
HC Upgrade 9hrs Training inc Assessment	\$2,895.00
MC Upgrade 9hrs Training inc Assessment	\$2,995.00

To register your interest please contact Kulin CRC
9880 1021 **crccounter@kulin.wa.gov.au**



AUSCHEM COURSE EXPRESSION OF INTEREST

TAFE will conduct an Auschem course in Kulin with 6 participants. We have 3 people registered and seeking Expressions of Interest from the community.

Course Details

AusChem - Risk Management in Pesticide Use Skill Set

Units: AHCCHM304 – Transport & store chemicals; AHCCHM307 - Prepare & apply chemicals to control pests, weeds & diseases

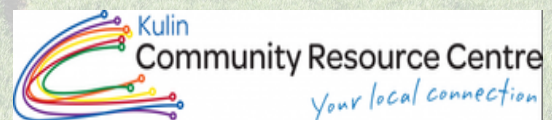
Course Duration: 2 Day Course

Time: 8:30am to 16:30pm (approx.)

To register your interest contact Stella at Kulin CRC

crccounter@kulin.wa.gov.au

9880 1021



We want You!

The Shire of Kulin is looking for people that can provide valuable information about the history of the town, or info about their experience living in Kulin. In order to develop new signage around town, we would love to have some stories about what has made our town so special to so many people.

Got any old letters, notes, etc? Bring them in! Anything history, we'd love to see.

Please ring, email, or come visit Belle if you've got anything you would like to contribute!

rcmgr@kulin.wa.gov.au

9880 1021

See Something, Snap Something



A reporting tool in your pocket

Did you know that you can use your smart phone to report local issues?

Just download the free **Snap Send Solve** app and get Snapping!

When you're out in the community, you are our eyes and ears.

If you see something that doesn't look right, just Snap Send Solve it!

DOWNLOAD



Download the Snap Send Solve app free from the [App Store](#) and [Google Play](#).

CONFIRM LOCATION



Open the app, press 'Start Report' and confirm the location of the issue.

SELECT INCIDENT TYPE



Select the relevant Incident Type.

SNAP A PHOTO



Snap a photo of the issue and include any relevant notes.

SEND

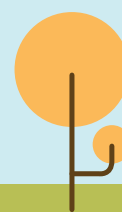
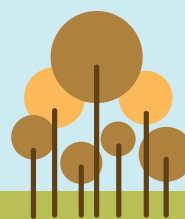
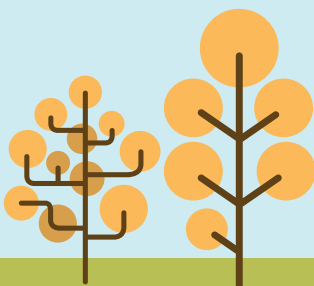


Select 'Send' so that the relevant authority can solve the issue!

SOLVE!



The relevant authority will receive your report so the issue can be solved.



RECYCLING CALENDAR



Shire of Kulin

Recycling Calendar 2023/2024

July 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
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22	23	24	25	26	27	28
29	30	31				

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
S	M	T	W	T	F	S
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12	13	14	15	16	17	18
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26	27	28	29	30	31	

June 2024						
S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

	Rubbish Only
	Recycling



WHAT CAN GO INTO YOUR RECYCLE BIN

- **Glass** - All glass and ceramics, whole and broken
- **Plastic** - All plastic containers and plastic wraps (empty with lids off)
- **Paper** - All paper, junk mail and glossy magazines

AUSTRALIA'S BIGGEST MORNING TEA

The Kulin CRC would like to thank all the community members who attended Australia's Biggest Morning Tea in May this year. \$754.90 was raised at our event on the 25th which has been donated to Cancer Council Australia, you can view this on <https://www.biggestmorningtea.com.au/fundraisers/KulinCRC>.

Thank you to the Shire staff and the community members who kindly donated morning tea, this event wouldn't be possible without you. Another big thank you to Acres of Taste and the Kulin Hardware & Rural for donating prizes and gift vouchers for some of the games we played throughout the morning tea. So far, and counting, \$5,259,429 has been raised so far and 21,749 morning teas have been registered.

The funds raised from your contributions are helping to:

- Give over 38,000 people impacted by cancer practical and emotional support via our 13 11 20 Information and Support service.

- Provide 102,922 nights of subsidised accommodation to cancer patients going through treatment.

- Transport over 32,000 people with cancer and their carers to treatment.

- Support people affected by cancer with almost \$2million worth of free legal and financial advice.

- Distribute over 727,000 free information booklets to better help Australians understand cancer.

Your fundraising is helping protect little Aussies.

Skin cancer is Australia's most common cancer, with childhood and adolescence being the time in which

we are most vulnerable to harmful sun exposure that contributes to skin cancer later in life. The good news is skin cancer is also one of the most preventable cancers.

Through the SunSmart Schools and Early Childhood program, we're protecting more than 2 million little Aussies from harmful UV radiation that leads to skin cancer. This program has led to massive behaviour change across the country and has already shown to result in reduced cancer rates later in life.

The Kulin Shire and CRC wish you all the best for the year ahead and we hope to see you back on board again in 2024.

Stella Wade
Community Resource Centre Trainee



If you would like to donate, please scan this [QR code](#)

AUSTRALIA'S BIGGEST MORNING TEA





WPFC/MDJFA JUNIOR GIRLS *Roadshow*

West Perth FC with the help of MDJFA and the WAFC, are coming to Merredin Friday 9th June for a Junior Girls Roadshow. Girls from the ages of 7-12 are invited to Merredin Leisure and Recreation Centre Oval starting at 4.30pm for a come and try.

FRIDAY 9TH JUNE 2023

Run by WPFC's Female Manager Luke Richardson and a couple of WPFC Female Players.

All Girls PS Clinics at Saint Mary's PS in the Morning and Merredin College in the Arvo followed by a come and try on the town oval at 4.30pm

Details:

Girls Only Clinics

Morning: St Mary's PS

Arvo: Merredin College

Come and Try

4.30pm: Come and Try Girls aged 7-12

Where: Merredin Leisure and Recreation Centre Oval

What to Bring: Water Bottles, and Boots (If Have?)

BBQ Sausage Sizzle to finish




Any Queries Contact Paul Reid Wheatbelt RFS on 0419 859 576 or Email preid@wafc.com.au





FACTION CROSS COUNTRY RESULTS MEDAL TABLE



CROSS COUNTRY	 GOLD	 SILVER	 BRONZE
8 & Under – Girls & Boys 1KM	Evie Browning Huxley Whisson	Sophie Tyson Parker Mullan	Harper Grant Thomas Bowey
10 & Under – Girls & Boys 1.5KM	Kensi Jasper Flynn Smoker	Amy Syred Ben Lucchesi	Freyja Davies Pasquale Bilney
12 & Under – Girls & Boys 2KM	Miley Jasper *R Hugh Mullan	Neisha Duckworth Sam Murphy	Peyton Lewis Tyson Gangell
16 & Under – Girls & Boys 3 KM	Lyla Smoker *R Tarkyn Lewis *R	Lisa Manning Eli McAdam	Maggie Murphy Daniel Davies

*R indicates record broken

Freebairn Flyers 478 - Jilakin Rockets 372

**2024
school
enrolments
are open**
**Talk to your
local school
today**

KULIN KONDININ FOOTBALL CLUB

2 weeks ago the Blues hosted Southern Cross at Kondinin.

Unfortunately the reserves game was abandoned due to Southern Cross forfeiting.

The league game started evenly with both sides trading early goals. With 5 allowed on the bench the Blues had plenty of run through the middle of the ground as the midfield continued there good form lead by George, Chip, Tull and Jaan. The second quarter the Bombers were up for the contest and fought back on the scoreboard to go into the main break pretty much level. Coach Sos asked for more from the Blues who responded in the third

quarter thanks to Poppy moving up forward kicking 3 majors. Sammy added some bounce from half back as the Blues kicked away. The backline was held together by Sos, Oscar, Gaz and Davey whilst Dooly returned on the wing along with Brocko. In the end the Blues recorded a much needed win over the gallant Bombers side. Beltup round saw Chippa winning the best on ground game ball who was solid again all day in the midfield.

League Award Winners: M.Crisp, A.Repacholi, T.Biglin, T.Bennier

The club held a reverse raffle function post the game with a terrific crowd in attendance to help raise money







for MS research. The night was a massive success and well supported, big thanks to Sammy Browning who organised the function in conjunction with Lachie Biglin. Big thanks to all the local businesses who sponsored the night with numerous prizes up for grabs in addition to signed afl jumpers that were auctioned off by Clayton Schorer.

Last weekend the Blues took on Narembeen it was great to see all of our supporters there!

Go the Blues!

Jarrad West

WINTER SPORT FIXTURES

DATE	SPORT	VERSUS	VENUE
3RD JUNE		All Grades Bye - State Champs - Perth	
		All Grades Bye	
		All Grades Bye	
10TH JUNE		Juniors - Nukarni	Merredin
		B Grade - Bye	
		A Grade - Nukarni	
		Juniors - Bye	Merredin
		Res - Nukarni	
		League - Nukarni	
		C Grade - Merredin	Merredin
		B Grade - Merredin	
		A Grade - Merredin	
		Men - Merredin	

KULIN NETBALL CLUB

Kulin vs Southern Cross – Saturday 20th May

Results

Juniors

Kulin 18 loss to Southern Cross 20

B Grade

Kulin 14 loss to Southern Cross 38

A1

Kulin 26 loss to Southern Cross 37

The little ones started a great day vs Kondinin, mixing the teams up a little to keep it even and to mix it up, Evie Browning giving the GD position a crack with a bit of a hype up, she nailed it.

Juniors had a level up with Southern Cross this weekend. They were a tall team with great skills. This was the Juniors first loss for the season. Cassie was Juniors best on this week scoring herself a milkshake voucher from Acres of Taste.

After a couple of weeks off B grade came out pumping with a choc-a-block team of 11! Caroline Carrie was killing it in the centre court and just doesn't need a break, while Evalyn had a couple of great intercepts in GK. I got to decide best on this week, Leah Otto has played her 2 game vouchers for us, and has done an outstanding job on the wing, thanks Leah, we will miss having you on the court. Leah has a few more weeks in Kulin before she sets off again, be sure to say hi,

and maybe even buy her a drink!

A grade started with a full team, but bugs got the better of us, with Jus & Cindy going down with colds during the week. This still leaves us with 9 players who all played amazing, only going down by 11 to Southern Cross, Cookie (Ashlee West) by far was the best on the court for both teams, she wasn't letting a ball go near the ring. Amber jumped in Centre court, and showed everyone how talented she is! Gem was shooting from all angles and distances and nailed it every time! No doubt when we match up to SX later in the year it will be a close game!

Thanks again Amy Parnell for the weekly awards!

Danni White

BURNOUT

An online definition of Burnout is: Burnout is a state of emotional, physical, and mental exhaustion caused by excessive and prolonged stress. It occurs when you feel overwhelmed, emotionally drained, and unable to meet constant demands. As the stress continues, you begin to lose the interest and motivation that led you to take on a certain role in the first place. Burnout reduces productivity and saps your energy, leaving you feeling increasingly helpless, hopeless, cynical, and resentful. Eventually, you may feel like you have nothing more to give.

Burnout is something I've been through myself many years ago, 2004 to be exact. So, I thought at this very busy time of the year I'd share my experience with you all. Me personally I did not see the burnout coming, people warn you, tell you you're not yourself, the signs are there but when you realise these facts after the event it's a bit late.

In 2004 I was going through a rough patch while also being a new person to the community services field. I managed to get a job working in a very remote region 200kms west of Alice Springs implementing into the three communities the juvenile diversion program. I arrived on the ground and wanting to make my mark threw myself whole heartily in to the role. The location was spectacular and being where it was very laid back. But I had a job to do, and I had something to prove.

I had an idea of how I needed things to evolve. My role was stressful and involved some very confronting work. I was asked to accept that I wasn't going to change perspectives and attitudes of small communities

in a hurry. But I didn't accept this so pushed my way along because I had a job to do.

Two months later I was feeling tired, I couldn't sleep at night and did not know why. I kept constantly thinking about the numerous things I had yet to do, they all had to be done now and by me alone. I was frustrated because I felt no one else understood how urgent what I had to do was. After a few weeks I began to forget what I had asked of others or said I'd do. I also began to become extremely sarcastic which I used to control my frustration and anger.

I had my boss telling me I was doing a great job but to step back and allow the progress and dust I'd made to settle. That the task will take time to take hold, but I kept going because I believed I had to. I'd have time to slow down once I'd achieved what I alone had to do. Whenever that was.

One morning I woke up and was having a coffee after little to no sleep and just didn't care anymore. I didn't phone in, I just sat and stared at the view with the full knowledge that I just didn't care or want to do any more. My boss phoned and asked where I was. I replied, 'At home and no I'm not coming in because there's no point and no one cares anyway so neither do I'. I had no idea why I was feeling like I was, but it was real. My boss came straight over and sat with me a while then said, 'you've burnt yourself out we've been trying to tell you, but you just didn't listen'.

The result was I was told to go on leave for two weeks away from the region to rest and recover. Unable to do the job I was employed to do through over working myself. The

self-imposed pressure and standards I put on myself had in fact resulted in the task being stopped, going no further while I recovered. I returned after leave with a different perspective and feeling a little embarrassed.

This was a big wake up call for me. Burnout is real after all and not just someone making an excuse. The signs were all there, overly tired, stressed, feeling of no one helping, not sleeping well, frustrated, snappy at others, overly sarcastic and drinking more. Now I'm very aware and I'm selfish about putting my health before my job.

Sometimes our learnt work ethic and expectations of what should be cloud reality, we all know what eventually happens when we run a machine at full throttle nonstop. It burns out, we are no different. I learnt the hard way.

If the job you're doing takes a bit longer than expected because you wisely allowed yourself to have some 'me time,' the job still gets done. Your health is more important.

If you do need to talk things through about work stress or anything else don't hesitate to reach out to others, ask for help, give me a call.

Roger Hitchcock, Counsellor & Community Representative West Australia based in Narrogin (Wagin and Surrounding Region)

M: 0460 310 661

P: 07 3153 4656

E: roger.hitchcock@ruralaid.org.au

Head Office

1300 327 624 3

Mental Health and Counselling Line

1300 175 594



The Golf season is racing by with only a couple of weeks till our annual Nona Wilson day for our ladies.

Preparations are progressing and we are anticipating lots of visitors to our club for the day.

Wednesday morning golf has welcomed some new younger blood which is great to see- we still have lots of

Room on the course if you wish to join us.

Our first day was an invitation day with lots of fun golf and a very enjoyable morning tea and lunch.

Our Sunday golf is also going well, farmers have been working, but we hope to see them back with us post

seeding.

Any one interested in coming along a reminder that Sunday hit off is 12 noon and ladies are hitting off at 10 am wed.

For our regular players a reminder that subs are now due

Wendy Gangell



Kulin Golf Club

“Wynona Wilson Memorial”



Date: Thursday June 15th 2023 -4BBB stableford

9.30 for morning tea hit off at 10.30

Entry fee: \$30.00 per person-entries close June 11th

Nominations: Helen King glennhelen3@bigpond.com -0437809027

Player _____ hcap___ G/L_____ Partner_____ hcap___ G/L_____

Player _____ hcap___ G/L_____ Partner_____ hcap___ G/L_____

Player _____ hcap___ G/L_____ Partner_____ hcap___ G/L_____

Player _____ hcap___ G/L_____ Partner_____ hcap___ G/L_____

PLEASE LET US KNOW IF YOU WILL BE USING A CART AND IF YOUR PARTNER WILL BE RIDING WITH YOU

Come along and spoil yourself to a great day of friendship and golf xx

THROWBACK THURSDAY

2006 KULIN FLOOD

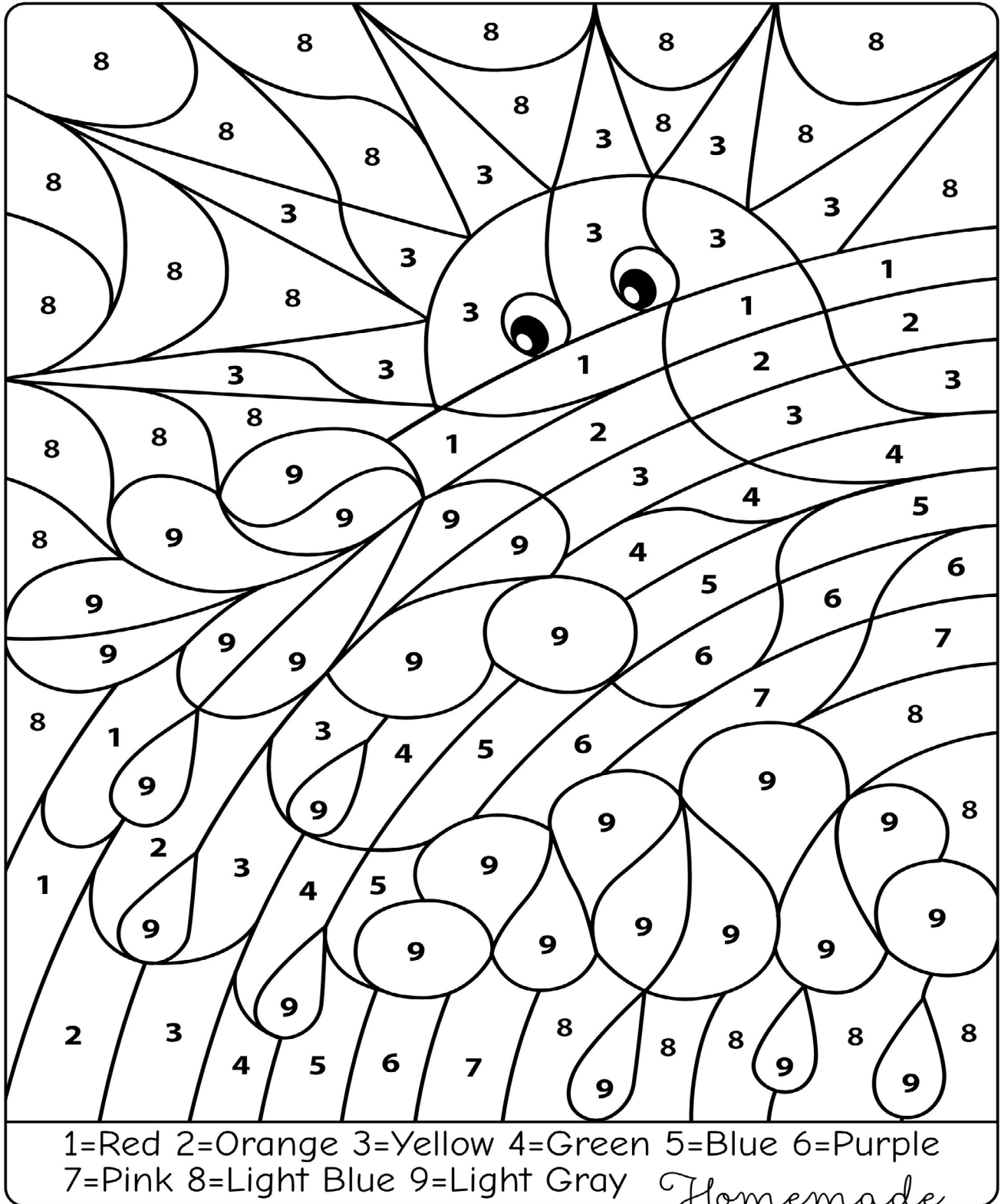


A: Where would you take a sick boat?

B: What has to be broken before you can use it?

C: What has many rings but no fingers?

D: Riddle: What's black, white and blue?



D: A sad zebra

C: A telephone

B: An egg

A: To the dock

BRAIN TWISTERS

Riddle: A man is trapped in a room. The room has only two possible exits: two doors. Through the first door, there is a room constructed from magnifying glass. The blazing hot sun instantly fries anything or anyone that enters. Through the second door, there is a fire-breathing dragon. How does the man escape?

Reconciliation Week

L Y M K H R Y L P K V G Q W R F A C K Y S P B P
S G R M C P T M O N I G G T R E E W P G S U I J
V Z E O Y B I A M F V J N H C G S J P G O O M N
D J C Z T Z N V C H D J G I L H N P E Q M O B R
E S O X R S U B X K N D Q S G Y O I E T A E P Q
K Z N B J W I T J G N P N Y V N F U N C N J B N
Z Q C O Q N S H R G J O L D R W O F R R T D J G
A O I E Q G Z L W Z I Z W V R A Z L V C A Z N F
J K L Z I X N Y F T N L M L O Z S F E S A E A X
O C I A N B N R A E T H U Z E R W R S B O L L E
U E A S C Z Z S P E H K D E K D B S E N X C R O
R K T J K S R A B S I K N R W V G X X V G K U V
N Q I V F E E C T D S F E U E H E E Y T I H F C
E G O L V U T H W S T B R T F T H Y M L Q N W R
Y G N N V J O E J Q O C E L K F B V A E D Q N P
M A O K O F I I Q G G Y F U B G K B U E N Y N A
E C T S J T Y V E V E N E C G D L E S W Y T X E
G U T B O Z R E P M T B R W U N E X D E Y I I R
T A U P B E J M T V H A S M V E B D C T A T O D
F S B M E I A E Y N E R F H B O Z E W V R N G O
K S K W D T U N V W R J I J M A T V D B C E Z G
G N Q L D L T T H M E E Y P Q A H V N C A D U T
T D M I T P S S I J X F C K Z C B X P X I I O S
Y O U Q T K J I P C J O K Z L M Z O A L A N V X

in this together
acknowledgement
identity
journey
acheivements
reconciliation

respect
learning
belonging
mabo
culture

anniversary
conversations
unity
referendum
history

CONTAINERS FOR CHANGE

All Good Refund Depot collect Containers for Change containers on the last Wednesday of every month from the memorial hall, if you have containers you would like to donate to the CRC, Daycare, or for personal donation, bring them down!

If you would like to donate your containers to the KCCC or CRC, come into the Shire and grab some CFC green bags.

It's easy to save your 10c containers from landfill so they can live another life - just check for the 10c mark!

Most aluminium, glass, plastic, steel and liquid paperboard drink containers that are 150ml to 3l are accepted.

This includes:

- > Most single-serve water and fizzy drink containers up to and including 3L.

- > Most single-serve alcohol containers, like beer bottles and pre-mixed spirits.

- > Flavoured milk containers that are 150ml to 999ml.

- > Coconut water, pure fruit or vegetable juice containers that are 150ml to 999ml.

Make sure you take off the lids - they recycle those too, just separately.

Making Change, One Container at a Time.

Every 10c container contains more than what you drink. When you throw them away, your containers' potential goes to waste.

But together, we can save these 10c containers from landfill, and their potential can have a positive impact across WA.

The Impact in WA

- > In the last two years, WA has saved over 1.67 billion 10c containers from landfill.

- > That's \$167 million in 10c container refunds, back into our communities!

- > That amount of 10c containers is enough to wrap around the earth 7.5 times or WA's coastline 23 times.

- > In two years, 6.1 million has been donated to schools, charities and community groups by everyday Western Australians through containers for change.

- > There are over 260 refund points across WA

- > Through Containers for Change, over 800 jobs have been created in WA

But the Work Isn't Done

530 million 10c containers are lost to landfill every year in Western Australia.

That's \$53 million in refunds buried - and millions of 10c containers that will not have the chance to live another life. **Don't Feed The Fill**

When you throw away your empty drink containers, you're feeding the fill. Those 10c containers are trapped in landfill, left to slowly decompose. But together, we can save these containers from landfill, and they can go on to live another life.

Every 10c container contains the potential to live on again and again. And you have the potential to guarantee your containers won't go to landfill — and even to donate your refund.

Use The Same Bag For Storage and Collection

You don't need any special bag to get started as long as it's sturdy. Set it up near your other bins and simply pop any eligible containers in that bag when you take out your household rubbish.

When you get 100 containers or more, you're ready to make your return. All you need is secure bags, add a label that lists your member number, and put them in a safe place ready for collection.

✓ ELIGIBLE CONTAINERS



AROUND THE WORLD

WORLD ENVIRONMENT DAY

World Environment Day, held annually on 5 June, brings together millions of people from across the globe, engaging them in the effort to protect and restore the Earth. This year marks the event's 50th anniversary.

Everyone can help limit climate change. From the way we travel, to the electricity we use, the food we eat, and the things we buy, we can make a difference. To preserve a liveable climate, the average emissions per person per year will need to drop to around 2-2.5 tons of CO₂ by 2030.

The global temperature has already risen 1.1°C above the pre-industrial level, with glaciers melting and the sea level rising. Impacts of climate change also includes flooding and drought, displacing millions of people, sinking them into poverty and hunger, denying them access to basic services, such as health and education, expanding inequalities, stifling economic growth and even causing conflict. By 2030, an estimated 700 million people will be at risk of displacement by drought alone.

Ways to decarbonise your home:

1. Assess current energy usage: Assess current energy usage, specifically focusing on cooking, heating, and cooling functions.
2. Transition to electric cooking: Transition from gas-powered cooking to electric cooking appliances. Replace gas stoves and ovens with energy-efficient electric induction cooktops and electric ovens.
3. Convert heating systems to electric: Convert fossil fuel-based heating systems to electric alternatives.
4. Upgrade to electric cooling systems: Upgrade cooling systems to modern electric alternatives.
5. Install renewable energy systems: Install renewable energy systems, such as solar panels or a wind turbine, to power households' electrified functions.
6. Install energy storage and management: Use energy storage and

management systems to maximise the benefits of renewable energy.

7. Learn about energy-efficient practices: Learn about the significance of energy-efficient practices in conjunction with electrification.

9. Financial incentives and support: Inform yourself about available financial incentives, grants, and loan programs to support their transition to renewable-powered homes. This could include information on tax credits, rebates, and financing options for energy-efficient upgrades and renewable energy installations.

By following these guidelines, householders can convert their homes to be powered by renewable energy, effectively decarbonising their cooking, heating, and cooling functions. This collective effort will contribute significantly to mitigating the impact of anthropogenic climate change and transitioning to a more sustainable future

Gas and petrol home

Average running costs

\$5,300 per year

\$53,000 over 10 year lifetime of appliances

- | Fossil fuel grid electricity
- | Gas space heater
- | Gas hot water heater
- | Gas cooking
- | Petrol and diesel cars

Energy emissions

9,550 kg CO₂e per year

Electrified home

Average running costs

\$1,850 per year

\$18,500 over 10 year lifetime of appliances

- | Rooftop solar & clean electricity
- | Heat pump (reverse cycle AC)
- | Heat pump hot water
- | Induction cooking
- | Electric cars

Energy emissions

ZERO



Save the date!

2023 Kulin Charity Rally

Kulin Old Bastards branch is holding their annual charity rally again on the long weekend in September 22nd-25th, and we need you!

We are calling all Rally goers young & old with pre-1998 vehicles to join us for another fun filled adventure! Preparation for this year's route is already underway, with every year better than the one before that means this year will be the best one yet.

All funds raised are given to local Clubs, and Charities!

Please contact Jocelyn with expressions of interest, we need cars to ensure the event can proceed!
0400242277 or email aobkulin@outlook.com

Thank you



The 2023 CKC Community Crop is in - now we just need to add rain!

A huge thank you to our Brad Miller and Chad Frantom for coordinating the program and to the 2023/24 CKC Cropping volunteers and donations

Lakeside minerals- 50t gypsum

Kulin transport- Gypsum freight (100t)

Brad Miller- Gypsum spreading

Kulin shire - Loader

Brad Miller- Knockdown spray

Lachy Siviour- Pre em spray

Chad Frantom/Pete Luchessi- seeder

Brian Bowey/Clayton Crabbe - seeder

Brad Miller - seed truck

Chad Frantom - fert truck

Brad Miller - 3t wheat seed

Grantly Mullan - 7t wheat seed

Chad Frantom- Fert freight

Gangells/Willow - knockdown and pre em chemical





Boredom Busters

- **Backyard obstacle course**

Find some tricky obstacles and make a course that you can master and race on!

- **Write a story**

You could try writing a story, full of fun and adventure, or you could even try writing a little book about all your favourite things

- **Friendship bracelets**

Gather some string or fishing wire, and thread on beads, sequins or anything else you want on your bracelet, you can just make one for yourself or for any of your friends too

- **Bug scavenger hunt**

Make a list of some cool critters, then search your garden and see how much interesting insects you can find

- **Flower crowns**

Collect some beautiful flowers from your garden - with Mum and Dad's permission, and make a flower crown or even some flower art

- **Fairy Garden**

Scavenge for some fairy worthy materials, stones, twigs, flowers, or whatever else you think a fairy would love, and create a little home for the fairies, maybe you'll even spot one!



COMEDY GOLD

ANTHONY LAMOND PRODUCTIONS
PRESENTS

23RD AUGUST, 2023

COMEDY GOLD

FEATURING



**KEL
BALNAVES**



**SIMONE
SPRINGER**



**EMO
MAJAK**



**KAT
DAVIDSON**

FREEBAIRN REC. CENTRE

DOORS OPEN AT 5:30 PM, SHOW STARTS AT 6:00 PM

\$45 Entry Ticket, Bar Facilities available, or BYO Drinks & Nibbles

WWW.EVENTBRITE.COM/E/ECOMEDY-GOLD-SHOW-KULIN-TICKETS-628260974487



(Kids Area Available)



Show Rating Is 15+ Show Contains Some Strong Language & Sexual Connotations

SENIORS MOVIE DAY

Tuesday | 13.06.2023 | 11:00am-1:00pm

Free Event | Coffee and Tea Provided | Kulin CRC Chambers

A married couple suffers a hardship, leading Jack to head off to deal with his grief while Lilly remains in the "real" world, dealing with her own guilt. As if Lilly's troubles weren't bad enough, a starling that has nested in her backyard begins to harass and attack her and she becomes comically obsessed with killing it. Lilly eventually finds guidance from Larry, a quirky psychologist-turned-veterinarian with a troubled past of his own. The two form a unique and unlikely friendship as they each help the other to explore, acknowledge and confront their problems.



Keep It **Clean**

KERBSIDE RUBBISH
COLLECTION DATE

Visitors are travelling in our Shire for a multitude of reasons, not the least that Kulin is quite simply a fantastic place to be. With the above in mind the Shire is requesting all residents to set aside some time now to spruce up their little piece of heaven.

KERBSIDE RUBBISH COLLECTION

The Shire will be conducting a kerbside pickup throughout the townsite on

Wednesday 7th June 2023

7am-10am

**ALL RUBBISH PUT ON THE KERB AFTER 10AM WILL NOT
BE COLLECTED**

This will be a great opportunity to get rid of any rubbish not suited to the weekly depot pickups such as small electrical goods, small furniture, tree and garden trimmings etc.

Please **NO** broken glass or lawn clippings

Further information call the Shire Office 9880 1204



Time for a home loan health check!

With interest rates on the rise, there's never been a better time to review your home loan.

Enquire online at bendigobank.com.au/healthcheck or call your nearest branch on 9880 1422.

 Kulin



Weekend Workshops at the



Sat 15th & Sun 16th July

10am-3pm

All materials supplied

BYO lunch

Morning/afternoon tea available

Bookings essential with Erin Bailey 0429 809 013



**Mosaics with
Doug Whiting**
\$25 for one day
\$40 for two days



**Card Making with
Odette Kermode**
\$25 Saturday only
10am-1pm



**Macrame with
Erin Bailey**
\$25 Sunday only



K_{ulin} **C**_{ommunity} **M**_{arkets}

Saturday 24th June 2023

9am-1pm

Kulin Memorial Hall

\$10 per stall

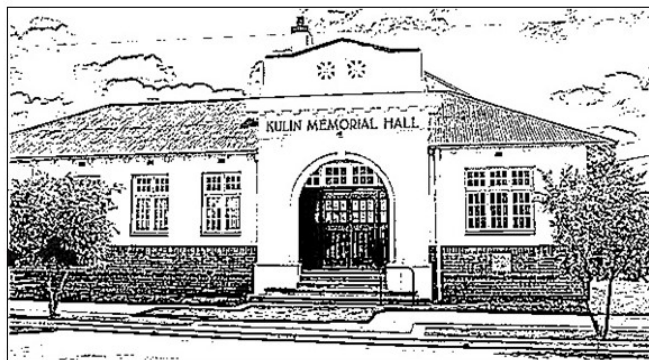
Stallholder application forms and information available from:

⇒ www.facebook.com/kulincommunitymarkets

⇒ **Online form:** www.jotform.com/ErinBailey/KCM24062023

⇒ **Erin Bailey** 0429 809 013 erin@kulin.com.au

⇒ **Kulin CRC** T: 9880 1204 admin@kulin.wa.gov.au



Next markets:

Kulin Arts Handmade Markets 5th-7th October

Community Markets 16th December

THE KULIN SHIRE



Please call 0427 801 241 or email works@kulin.wa.gov.au

The Kulin Shire is looking for unwanted rock piles on your farms that you would like to be gone. The Shire will remove as they are handy for drainage works.



M^cINTOSH & SON

WE'RE HIRING



BRANCH ADMINISTRATOR - KULIN

- ✓ Fulltime position, flexible hours considered for the right applicant
- ✓ Competitive rates
- ✓ Long term employment with a fast growing, reputable company
- ✓ Supportive work environment



M^cINTOSH & SON

Make the most from your fertilizer investment






As your local Area Manager, Steve Cooke is keen to assist you with all of your fertilizer decisions this season.

So whether it's soil testing, nutritional advice, fuel gauges, or simply an on-farm appointment to discuss your requirements, give Steve a call today.

Mobile: 0429 934 243 **Email:** scooke@summitfertz.com.au



DUFFY ELECTRICS

-  Residential
-  Commercial
-  Industrial
-  Tv installation
-  Air Conditioning



Ryan Duffy
0409 806 047

duffyelectrics@outlook.com

Servicing Wickepin and surrounds



Want to ✨ **WIN** insurance?

Take out insurance through us for your chance to WIN!*

Insurance you can rely on is worth its weight in gold. And when it's provided through Australia's Most Trusted Bank[^], you can be confident it's insurance worth having.

Our capable, dedicated and friendly staff throughout the branch network are ready to help with all your insurance needs.

Feel like a winner, contact us about insurance today!

 Community Bank · Kulin 9880 1422



*Roy Morgan Quarterly Update February 2023. *AU 17+ only. Starts 1/6/23 12:01am AEST. Ends 30/6/23 11:59pm AEST. 1 entry/policy. Daily Draws: 12pm AEST, each weekday from 2/6/23 to 3/7/23, The Bendigo Centre – Bath Lane, Bendigo VIC 3550. Prizes: 30x insurance rebate up to \$3,000 paid by direct deposit or cheque (1 per Daily Draw). Winners at bendigobank.com.au/insurance within 7 days of each Daily Draw. Bendigo and Adelaide Bank Ltd ABN 11 068 049 178. T&Cs apply. <https://bit.ly/3HEYsae>. NSW Authority No. TP/185. Permit No's: ACT TP23/00727 & SA T23/562. Bendigo and Adelaide Bank Limited (Bendigo Bank) ABN 11 068 049 178, acts under its own AFSL 237879 under an agreement with the insurer Insurance Australia Limited ABN 11 000 016 722, AFSL 227681 /as CGU Insurance. Any advice is general and doesn't consider your personal circumstances. Read the PDS and TMDs at bendigobank.com.au/insurance to see if the product is right for you. (1819266-1862754) (05/23)

Kulin Contacts

Nursing Hours: Tuesday & Wednesday 8:30am-2:30pm

CHSP Co-Ordinator / Nurse by Apt: Thursday & Friday

Kulin Doctors Surgery: 9880 1315

Kondinin Medical Centre: 9889 1753

Kondinin Hospital: 9894 1222

Western Power: 13 13 51

Water Supply: 13 13 75

Kulin Water Depot: 9880 1356

Crime Stoppers: 1800 333 000

Kulin Police: Kulin Police station is staffed by 2 officers who are available to respond to incidents 24/7. Your local police can be contacted as follows:

For emergencies: 000

For non-urgent incidents: 131 444

Officer at Kulin Police Station: 9861 5800

Did you know that you can use your smart phone to report local issues? Just download the free Snap Send Solve app and get Snapping! When you're out in the community, you are our eyes and ears. If you see something that doesn't look right, just Snap Send Solve it!