# THE KULIN UPDATE

8 KERBSIDE CLEANUP 10 KINDY/PP

This will be a great opportunity

to get rid of any rubbish not

suited for the weekly depot.

**EXCURSION** 

Read more on page 10 to see what the kindy kids/pp's got up to at the Kulin Shire.

24 August 2023

**KULIN BUSH RACES** 

Busy bees, volunteers and so much more on pages 12-14.

### **COMEDY GOLD**

# COMEDY GOLD SHOW

Thank you to all those who attended, we had some great feedback and can't wait for the next community event!

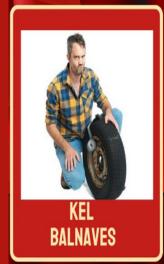
### **FEEDBACK**

"A good night out with friends and four great acts!"

-Melina McBow

"Great night and was so much more enjoyable with 'Trevors' involvement in the show!" -Sean Scadding

" I had tears running down my eyes at one stage, it was a good show and nice to catch up with friends and have a good laugh. It is nice to see it supported by the community". -Shirley Ledwith











CONNECTING OUR LOCAL COMMUNITY

### **CONTENT CORNER**



Mon- Fri 8:30 am - 4:30 pm 38 Johnston Street, Kulin WA 6365 (08) 9880 1021 crccounter@kulin.wa.gov.au

www.kulin.wa.gov.au/crc-home

THE KULIN UPDATE FAO

### **Contact**

Phone: (08) 9880 1021

Email: marketing@kulin.wa.gov.au

### How to receive the Kulin Update via Email?

To receive "THE KULIN UPDATE" digitally, please sign up <a href="here.">here.</a>

### How to advertise in the Kulin Update?

- 1. Download the Kulin Update Booking form and fill it in.
- 2. Attach the booking form and the content that you wish to publish to an email and send it to marketing@kulin.wa.gov.au.

### When are the deadlines?

All articles incl. fully-filled in booking forms are to be submitted no later than **Tuesday, 4pm prior to any publication date.** 

### When is the next deadline?

The next deadline will be the 5 September, 2023

### **Advertising costs:**

1/4 page b/w \$20 1/2 page b/w \$25 Front/Back page \$100

Members receive 25% off advertising costs, please contact crccounter@kulin.wa.gov.au for more information.

### **Accpeted document formats:**

PDFJPEG

### Have you got news?

If you would like to share news or information with the Kulin community, please email <a href="marketing@kulin.wa.gov.au">marketing@kulin.wa.gov.au</a>

# DEADLINES TO SUBMIT CONTENT FOR THE KULIN UPDATE

5th	September	2023
19th	September	2023
3rd	October	2023
17th	October	2023
31st	October	2023
14th	November	2023
28th	November	2023

### **HAPPY BIRTHDAY!**

### **August**

24th Joshua Saunders, Tyson Gangell

25th

26th Cathy Hodgson27th Kade Gangell

28th Lyla Smoker, Willow Smoker

29th Kathleen Wilson

30th James Wilson, Travis McAdam,

**Hudson Bennier** 

### September

2nd Jay Robertson, Harlow Tyson3rd Donna Waters, Amber McAdam

4th Vicki Johnson5th Barry Gangell



# **COMMUNITY CALENDAR**

000		AU	G/SE	Ъ		2023
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Sunday Golf	21 Rubbish Dr Mackie away	22 Recycling Dr Mackie away Nurses Clinic Open Yogalates Kulin Walking Group Remedy Physio (8am-4pm) Seniors Movie Day	23 Dr Mackie away Nurses Clinic Open Kulin Motor Museum (10am-12:30pm) Ladies Golf Remedy Physio (8am-4pm) Comedy Gold @ FRC	24 "KULIN UPDATE The Kulin Update Dr Mackie away	25 • Dr Mackie away	26 Kulin Motor Museum (10am-2pm)
27 Sunday Golf	28 Rubbish Dr Mackie away	29	30  • Dr Mackie away  • Nurses Clinic Open Rulin Motor Museum (10am-12:30pm)  § Ladies Golf Remedy Physio (8am-4pm)	31 •• Dr Mackie away	Sept 01 • Dr Mackie away	02 Kulin Motor Museum (10am-2pm)
3 ** Fathers Day \$\infty\$ Sunday Golf	04 ■ Rubbish ➡ Dr Mackie away	05 ■ Recycling ■ Dr Mackle away Dr Mackle away ■ Nurses Clinic Open	06 • Dr Mackie away • Nurses Clinic away • Nurses Clinic away (10am-12:30pm) • Ladies Golf	07 WELLIN UPDATE The Kulin Update  Dr Mackie away	08 •• Dr Mackie away •• Pingaring Centenary	09 Kulin Motor Museum (10am-2pm)
10 ∠ Sunday Golf	11 If Rubbish • Dr Mackie away	12 • Dr Mackie away • Nurses Clinic Open • Yogalates • Remedy Physio (8am-4pm) Seniors Movie Day	13     Dr Mackie away     Nurses Clinic Open     (Ulin Motor Museum     (10am-12:30pm)     Ladies Golf	14 •• Dr Mackie @ Hyden	15 •• Dr Mackie away	16 Rulin Motor Museum (10am-2pm)
The Sunday Golf	18 If Rubbish • Dr Mackie away	19 Recycling Dr Mackie away Nurses Clinic Open Togalates Semedy Physio (8am-4pm)	20     Council Meeting     Dr Mackie away     Nurses Clinic Open Kulin Motor Museum     Ladies Golf     Ladies Golf     Remedy Physio     (8am-4pm)	21 "KULIN UPDATE The Kulin Update The Mackie away	22 • Dr Mackie away	23 Kulin Motor Museum (10am-2pm)

## **CEO CORNER**

### SHIRE BUDGET

The Shire of Kulin adopted its 2023/2024 budget on the 26 July 2023. The adopted budget continues significant investment into community services, facilities and infrastructure. Council adopted a rate rise of 6.25% which nets additional revenue of \$136,000 from an overall Council budgeted revenue of \$13,627,482. Overall expenditure for 2023/2024 is \$14,478,840. Notwithstanding capital grant revenue and operational grant revenue which fluctuates from year to year, the rate revenue increase ensures Council is maintaining a sustainable capacity for the Shire to meet increasing operational costs and capital investment costs associated with service delivery, infrastructure renewal and upgrades.

Project highlights for the 2023/2024 financial year are;

- Continued refurbishment of the Kulin waterslide \$150,000
- New pool shades \$35,000
- Housing upgrades and renewal -\$157,350
- Information and Technology renewal
  \$60,000

- Back up generator -Freebairn Recreation Centre \$40,000
- New shades and playground \$65,000
- Upgrade renewal of Kulin Tennis Courts - \$200,000
- Purchase of New Grader \$465,000
- Purchase of new Pozzie track / mulcher \$135,000
- Completion of Shire Depot Crib / Training Room \$231,000
- Tourism Way Finding Signage · \$131,000
- Road Construction Major projects
   Capital and maintenance
- o Kulin Holt Rock Road \$1,983,100
- o Fence Road \$2,509,321
- o Muller Road \$506,504
- o Yealering Kulin Corrigin Rd intersection \$495,095
- o Winter Grading Program \$738,946 With the winter months coming to

an end a timely reminder to all land owners and residents to start making preparations (if not already) and reducing potential flammable material e.g long grass.

It has been observed a number of town blocks require spraying / slashing / mowing to reduce the mass of material, which will become a fire hazard in not attended to leading into the back end of spring and summer.

The Shires encourages everyone to commence hazard reduction works sooner rather than later in order to comply with prescriptive requirements leading into the forthcoming fire season.

Alan Leeson CEO











## **EXPRESSIONS OF INTEREST NOTICE**

# **Work Safely at Heights**

RIIWHS204E

Work Safely at Heights





FOR FURTHER INFORMATION
PLEASE CONTACT
JAYDE HOBSON
9880 1204
to@kulin.wa.gov.au



# LOCAL GOVERNMENT ORDINARY ELECTION CLOSE OF ENROLMENTS Shire of Kulin ROLL CLOSE: 5:00 PM Friday, 25 August 2023

You may be eligible to be enrolled to vote in the local government elections on 21 October 2023 if you live in or are an owner or occupier of rateable property in the Shire of Kulin.

### Residents

You are automatically enrolled to vote if you are on the State Electoral Roll as at 5:00 PM Friday, 25 August 2023. If you are not already on the State Electoral Roll and meet the eligibility criteria, or if you have changed address recently, you must complete an enrolment form.

### **Enrolment Forms**

You can enrol or update your details online, or download an enrolment form, via the Western Australian Electoral Commission website (<a href="www.elections.wa.gov.au/enrol">www.elections.wa.gov.au/enrol</a>). Forms are also available from the Australian Electoral Commission (<a href="www.aec.gov.au">www.aec.gov.au</a>). Enrolments and updates must be completed and received by 5:00 PM Friday, 25 August 2023.

### **Non-Resident Owners and Occupiers**

If you are a non-resident owner or occupier of rateable property in the Shire of Kulin and are on the State or Commonwealth Electoral Roll, you are eligible to enrol to vote. If you are **not** on the State or Commonwealth Electoral Roll and own or occupy rateable property in the Shire of Kulin you may be eligible to enrol to vote. This applies if you were on the last electoral roll for the Shire of Kulin prior to May 1996 and have owned or occupied rateable property in the district continuously since this time. Please contact your local government for details. Owners of land who were on the last Local Government roll continue to retain that status until they cease to own the rateable property to which the enrolment relates. Occupiers do not have continuous enrolment and should contact the Shire of Kulin to confirm their enrolment status. To be eligible to enrol as an occupier, you will need to have a right of continuous occupation under a lease, tenancy agreement or other legal instrument for at least the next three months following the date of the application to enrol.

### **Joint Owners and Occupiers**

If a rateable property is owned or occupied by more than two people, a majority of the owners/occupiers may nominate two persons from amongst themselves who are on either the State or Commonwealth Electoral Roll, to enrol as owner/occupier electors.

### **Corporations**

A body corporate that owns or occupies rateable property may nominate two people who are on either the State or Commonwealth Electoral Roll to enrol as owner/occupier electors.

### **Enrolment Forms – Non-Resident Owners and Occupiers Only**

Enrolment forms can be obtained from local governments and must be lodged with the Chief Executive Officer by 5:00 PM Friday, 25 August 2023. Further information can be obtained from the Shire of Kulin.

### **ROBERT KENNEDY**

ELECTORAL COMMISSIONER 13 63 06





# LOCAL GOVERNMENT ORDINARY ELECTION CALL FOR NOMINATIONS Shire of Kulin

An Ordinary Postal Election will be held on Saturday, 21 October 2023 in the Shire of Kulin to fill the following vacancies:

District 4 Councillors 4 year terms

Nominations Open on Thursday, 31 August 2023

Nominations Close at 4:00pm Thursday, 7 September 2023

Nominations must be lodged with the Returning Officer:

- at any time during the above period by arrangement; or
- between 2:00pm and 4:00pm Thursday, 7 September 2023 (close of nominations) at the Shire of Kulin, 8 Johnston St, KULIN.

### **Nominations Requirements**

Candidates are required to lodge with the Returning Officer:

- a completed nomination in the prescribed form, signed and witnessed. This form is available from the Returning Officer or the Western Australian Electoral Commission (<a href="www.elections.wa.gov.au">www.elections.wa.gov.au</a>);
- a single A4 page profile of not more than 1,000 characters (including spaces) containing information about the candidate;
- a nomination deposit of \$100 (cash, EFT, bank cheque or postal order);
- a recent passport-sized photograph (optional);
- every candidate must have completed the online course titled *Local Government Candidate Induction*, available at <a href="www.dlgsc.wa.gov.au">www.dlgsc.wa.gov.au</a>, prior to nominating; and
- (optional) in addition to your A4 profile, you may provide additional information that you consider to be
  relevant to your candidature. This written statement must be not more than 2,000 characters (including
  spaces), must be in the English language and is for publication on the local government's official
  website.

The Commission has developed an online system called Nomination Builder to assist candidates to complete their nomination form which includes the candidate profile. This is the preferred method of completing the nomination form and profile for elections conducted by the Commission. Candidates complete their nomination details and profile, print the completed form which has a reference number allocated and lodge it with the Returning Officer. The nomination builder can be accessed via <a href="https://www.elections.wa.gov.au">www.elections.wa.gov.au</a>.

You cannot use Nomination Builder to prepare the additional information.

Where an agent lodges a nomination on a candidate's behalf, it must be in the prescribed form with a written authorisation signed by the candidate.

The documents may be hand delivered or posted to the Returning Officer and must be received by the close of nominations.

### Information

Full details about eligibility and nomination procedures for prospective candidates can be obtained by contacting the Returning Officer, **Carol MOURITZ** on 0472 750 454 or the Western Australian Electoral Commission on 13 63 06.

ROBERT KENNEDY ELECTORAL COMMISSIONER



### **PUBLIC TENDER**



# **OUTRIGHT PURCHASE**

The Shire of Kulin offers for sale by way of Public Tender a 2022 Toyota Hilux SR5 Diesel 2.8L Dual Cab Utility 4x4 - automatic

- -(VIN# MROBA3CD400065425)
- -Licensed to 14 July 2024
- -Approx kilometres 25,000 km's
- -Reserve price \$69,000
- -Glacier white, alloy wheels, bull bar, tow bar, front & rear seat covers, LED light bar, enclosed canopy (side windows), internal Toyota bed slide
- -Near new condition
- -Availability late September
- -Vehicle available for inspection until 31 August 2023



# JUDD HOBSON EXECUTIVE MANAGER OF WORKS

For more information 0427 801 241

works@kulin.wa.gov.au

Tenders will be accepted until 4pm Wednesday, 6th September 2023



# Local government elections 2023

21 October

# Are you enrolled to vote?



You must be on the roll by 5pm Friday 25 August

elections.wa.gov.au



# Local government elections 2023

21 October



Moved house? Turned 18? Update your enrolment now!

You must be enrolled by 25 August

elections.wa.gov.au



WESTERN AUSTRALIAN
Electoral Commission

# Local government elections 2023 21 October





Moved house? Changed name?

Update your enrolment now

You must be enrolled by 25 August elections.wa.gov.au



# KERBSIDE RUBBISH COLLECTION DATE

Visitors are travelling in our Shire for a multitude of reasons, not the least that Kulin is quite simply a fantastic place to be. With the above in mind the Shire is requesting all residents to set aside some time now to spruce up their little piece of heaven.

### **KERBSIDE RUBBISH COLLECTION**

The Shire will be conducting a kerbside pickup throughout the townsite on

# Tuesday 12th & 26th September 2023

# 7am-10am

# ALL RUBBISH PUT ON THE KERB AFTER 10AM WILL NOT BE COLLECTED

This will be a great opportunity to get rid of any rubbish not suited to the weekly depot pickups such as small electrical goods, small furniture, tree and garden trimmings etc.

# Please NO broken glass or lawn clippings

Further information call the Shire Office 9880 1204

## **NIC DUNCAN**













Thank you to the amazing
Nic Duncan for capturing
our community in such a
beautiful way. We now
have a great collection of
photos that will be able to
be used for years to come.
Here is a quick sneak peak
of some of the photos!



### KINDY/PP EXCURSION TO THE SHIRE

On the 15th of August, the beautiful kindy and pre-primary kids of KDHS made their way to the Kulin Shire to learn more about what we do here. They arrived and headed into Chambers, where we hold Council Meetings and sometimes morning tea. They all took a seat in the "big people" chairs while Taryn set up her power point on the projector. The students learnt what we do at the Shire, who our Councillors and Shire staff are and what they do. We had a very special kindy student who in fact had already visited the Shire as her parents, Jayde

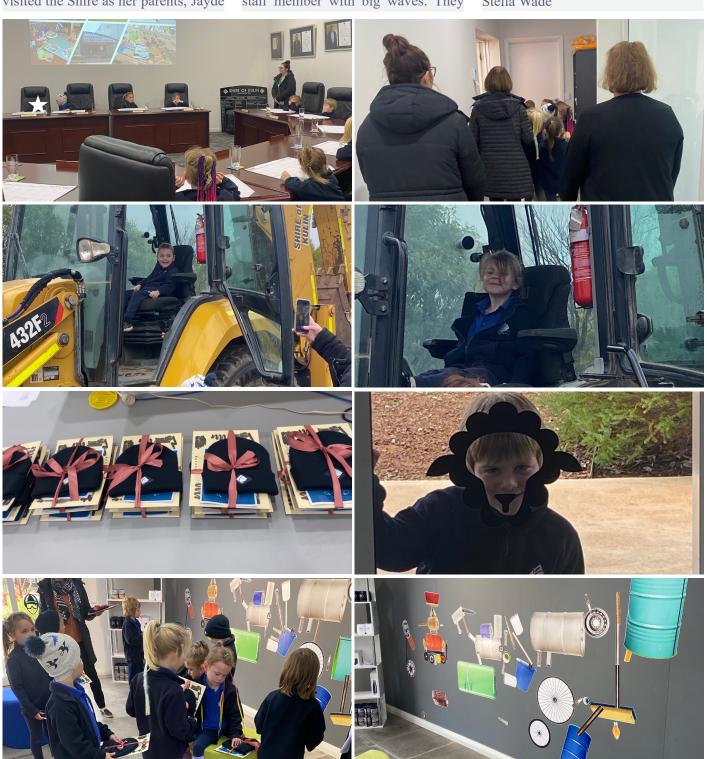
and Judd Hobson, work here!

After a lot of questions from the students, and once the rain had stopped, they made their way to the back of the Shire to find a loader. By the look of their faces in the photos below, they were in awe. Each student got to climb up into the loader and take a seat while they put their biggest smiles on for a photo.

After a lot of fun outside, we toured the back of the office to greet each staff member with big waves. They made their way out to the foyer and started to organise and make tin horses on our feature wall. Each student receved a small gift pack which included a colouring in book, an adventure passport, a keyring and a beanie.

A very big thanks to Claire Brennan, Jo Bradford and all the kindy kids for making everyones day at the Shire. We loved the company and all the giggles.

Stella Wade



## **KULIN COMMUNITY HUB**

We at the Hub have an exciting week planned for locals and visitors to Kulin the week of the races - more information to follow.

For now we are looking for anyone who has art by local artists who are willing to exhibit them in our "hallway gallery" to get in touch or leave them at the hub anytime soon.

We have our beautiful long hallway ready to create an exhibition which will be open for our many visitors to experience the talent we have had in Kulin over the years - I am entering my own "Lil Dosek" collection of quirky drawings of building around our town - hope you will share your pieces - we will look after them and return afterwords.

Looking forward to hearing from you.

3 Johnston Street Kulin

9880 1201 kulincommunityhub@yahoo.com

W J Gangell





### FREEBAIRN RECREATION CENTRE















### **CHECK FOR THE 10¢ MARK**

It's easy to save your 10c containers from landfill so they can live another life - just check for the 10c mark!

Most aluminium, glass, plastic, steel, and liquid paperboard drink containers that are 150ml to 3L are accepted.

- This includes: Most single-serve water and fizzy drink containers up to and including 3L. · Most single-serve alcohol containers, like beer bottles and pre-mixed spirits
- Flavoured milk containers that are 150ml to 999ml.
   Coconut water, pure fruit, or vegetable juice containers that are 150ml to 999ml.

### Please make sure you only put eligible containers in our bins here at the Rec Centre, all proceeds go back into the Kulin community.

If you would like to keep updated with any events on at the Freebairn Rec Centre check out our facebook page.



# WHAT'S UP WITH THE KULIN BUSH RACES?

Another record setting sell-out.. 38 SECONDS!!! Our event has really reached elite status and is something that people from all over Australia have on their bucket list. Now it's time to really knuckle down into the preparation!

We have so many rosters to fill and we need your help!! It would really be appreciated if people could volunteer their time on several rosters over the weekend and attend busy bees where possible. The more the merrier! Our event does not start and finish while the races are running. There is a lot to do in the lead up, well into the evening of race day and after the event.

# KBR EST 1995

### WHY SHOULD I VOLUNTEER?

There are the the little reasons like working with people in our community on a common goal, a wonderful sense of achievement and learning new skills.

There is also the BIG reason... like putting the profits back into our community! In our recent funding round Kulin Bush Races Inc committed over \$260,000 back into our town and surrounding community! The Kulin Aquatic Centre, Kulin Childcare Centre, Kulin DHS, Kulin Retirement Homes, Kulin CWA, Kulin Arts Council, Kulin Tennis Club, Kulin Museum Society and Men's Shed and Kondinin Hospital were beneficiaries of this funding. We have also recently injected a huge amount of funding into the CKC to secure the purchase the Kulin Community Hub building.

At least everyone in Kulin is touched by this funding in some way. So keep our wonderful community in the front of your mind when you're busy working over the KBR weekend!!



#### WHAT'S HAPPENING AT THE TRACK?

As you know, we've already upgraded the running rail so this year's major project was to upgrade the horse yards. All the horse yards will now be amalgamated in one spot. We are losing the rustic aesthetics of the old horse yards but the upgrades will mean less maintenance, convenience of location and most importantly increased safety for our horses and patrons. There is also going to be additional water and electricity infrastructure added around the track. Our grounds crew are busy making the lists. It won't be long and we can get cracking on the jobs!

### FOOD UPDATE

After a lot of consideration, the decision was made to outsource most of the food sold at the track this year through the use of food vans. This decision was certainly not made lightly. We realise that this proposal has created some resistance, but it also has plenty of support. One reason for outsourcing food is that without building a commercial kitchen at the track it has become increasingly more difficult, if not impossible, to meet health directives, particularly when we are preparing and selling medium to high risk foods. The other reason is that the incredibly high input of volunteer hours does not equate to the amount of profit made in this area and is contributing to volunteer fatigue within the event.

We understand that the home-made food has been a huge part of our event, the Kitchen and Fish and Chips are almost iconic, probably more so to our volunteers. It is important to recognise and appreciate how KBR food has helped to establish what our event is. Without it, we wouldn't be where we are today. However we must also realise that KBR has become a very different event than it was 20 odd years ago. We realise that it is important to continue to make change and improvements to meet policies and guidelines, increase revenue, meet the requirements of our evolving crowd and most importantly to ensure we are not burning out our volunteers.

So how will the food look this year? All food will be outsourced except the Hamburger Hut. We are currently working on fitting out the Hamburger Hut with stainless steel benches and upgraded sinks complete with hot water. This is something that is necessary to ensure we are meeting health directives in this area. The other food supplied will be through speciality food vans. We are extremely fortunate that one of our amazing food vendors, Mundillya Homestead, will be serving through The Feedlot on Friday evening, Saturday and Sunday morning breakfast. Mundillya Homestead are going to be serving food local to Carnarvon including goat shanks served with rice and greens and their famous goat, chicken and beef pies.

We are also excited to announce the introduction of 'The Stay' aptly named by coordinator, Nicole Thompson. The stay apparatus is an arrangement of muscles, tendons and ligaments that work together so that an animal can remain standing with virtually no muscular effort. It is best known as the mechanism by which horses can enter a light sleep while still standing up. The Stay is going to be a volunteer recharge or recovery area. Foops and her team are busy working out the logistics of how this area will work but it will basically be an area to keep our volunteers fed and watered. The Stay team will provide a comfortable recharge station that our volunteers can rest in, and they will also be proactive and deliver food and water to our volunteers who are positioned around the track.

We aren't going to let Fish and Chips disappear altogether. The guys will be firing up the fryers and cooking up a storm for all our volunteers at our Sunday KBR Wind Up. Something we think everyone will appreciate!

We really do thank everyone for their support with the food changes this year. If you have previously spent most of your time working in a food area, WE STILL NEED YOU! There are still so many shifts to fill. Please peruse all the following areas and contact one of the amazing coordinators to let them know where you can help. Times of each roster will be advertised soon.

# **VOLUNTEERS NEEDED- ROSTER INFO**

### Bus Drivers - John Munro - 0427 386 849

We need bus drivers to shuttle patrons from town to track, and back again. All you need is a smile, and a bus license of course!

### Gate & Parking- John Bowey- 0429 801 331

We need loads of friendly and efficient people to welcome, check in and park our patrons! Please contact John if you can help.

### Golf Cart Drivers - Simon Duckworth - 0429 890 076

This is a relatively new roster in the last few years. We need people (men or women) who can drive a golf cart to shuttle patrons from the camping area to the track. The golf cart drivers are often well appreciated by the patrons! Please contact Simon if you can help.

#### Disco Supervisors - Maddie Earle - Sadler - 0452 434 636

The disco runs from 6pm-8pm Friday evening. We need a few supervisors at the gates of the disco area and a few supervisors roaming the disco area. The roaming supervisors will require a Working With Children's Check.

If you have any questions in regard to a Working With Children's' Check, please contact Alecia Robertson 0438 987 134. A copy of your certificate and receipt can be forwarded to <a href="mailto:kulinbushraces@outlook.com">kulinbushraces@outlook.com</a> for reimbursement.

#### Event Marshalls - Alecia Robertson - 0438 987 134

We are looking for a few people to wear a vest and base themselves at the Jilakin Rock North Road gate. Their role will be to direct event traffic and remind locals where they can and can not park etc. Volunteers for this roster will be required on Friday and Saturday.

### FRC Food Prep- Sarah Gangell- 0429 801 578

People are required in the FRC kitchen on Thursday and Friday morning prior to the races to prep food for the Hamburger Hut and The Stay. Lunch will be provided. This roster may also include transporting all the food to the track.

### Hamburger Hut- Jennie McInnes- 0429 801 478

If you can cook burgers, assemble burgers or know how to serve, then you will be welcome with open arms in the Hamburger Hut. The Hamburger Hut is open from 11am until late on Saturday.

### Kids Tent- Belle Brandis- Kulin CRC 98801 204

The Kids Tent is always a busy place to be. Belle would love helpers to assist with craft activities and face painting. Capable upper primary students and teenagers are welcome to assist in the Kids Tent. A Working With Children's Check is required for volunteers 18+.



### Local Gate Supervisor (Local Security) - Jarron Noble- 0427 801 394

Rosters for Local Security will commence Friday afternoon from 3pm and into Friday evening. Then, supervision is required throughout the event on Saturday with more emphasis on Saturday night until after the licensed area is closed. The commitment requires volunteers to be alert and organised while on roster. We also need local volunteers positioned at entrance gates and the merchandise gate. Please contact Jarron if you can help.

### Main Bar/Trailer Bar- Megan Syred- 0438 351 165

Megs and Punky require bar staff in the Main and Trailer Bar, along with ticket sellers in the Main Bar.

### Anyone interested in assisting in the bar areas will require an RSA accreditation. This can be accessed through Clubs WA.

Please note, the minimum requirement for you to serve at our event is a Clubs WA Certificated of Completion.

https://www.hospitalityalliancetraining.edu.au/courses/rsa-for-clubs/

\*Please ensure you select the correct course on the Clubs WA home page 'Clubs WA RSA Training (Certificate of Completion). The cost is \$50 and will be reimbursed by KBR. If you have any questions in regard to the training, please contact Megan Syred. A copy of your certificate of achievement and receipt can be forwarded to <a href="mailto:m.syred@bigpond.com">m.syred@bigpond.com</a> for reimbursement.

### Marquee Bar- Gab Savage- 0428 535 645

Gab requires bar staff in the Marquee Bar on Friday arvo and Saturday until late. Please contact Gab if you can help, especially on the late shift!

Again, an RSA accreditation is a requirement for assisting in the bar areas. See the info above in regard to obtaining your RSA

### Merchandise- Rynelle Smoker- 0417 906 580

Rynelle would love volunteers to assist selling merchandise on Friday arvo and Saturday. This is usually a VERY busy place to be, especially on opening Friday.

### TAB- Taryn Scadding- 0429 630 842

Everyone is welcome in the TAB. If you haven't worked here before, you will learn quickly. This roster is done while seated, so is suitable for people who may not be able to stand on their feet for hours on end. Contact Taryn if you can help.

### Table Clearing- Julie Young - 0448 938 290

Anyone is capable of clearing tables! You will don a pair of gloves, pick up rubbish off the tables and give the tables a wipe! It is very simple and a great roster to chat to the patrons if you wish. Sorry, under 18's can not help with this roster as they are unable to handle the empties.

### Toilet Cleaning- Alecia Robertson- 0438 987 134

This is not the most glamorous job, but it needs to be done! We require a few people to help with cleaning the toilets for our campers on the Wednesday and Thursday leading up to race day. Anyone can do this job!



# BUSY BEES



With only 6 weeks to go, it is time to start thinking about Busy Bees. Save the dates!

Everyone is welcome. Bring your whole family.. the kids have a ball! Even if you can only attend for some of the time, any help is appreciated.

Lunch and drinks are provided. Bring a cake or slice to share if you wish.

If you are not not on our KBR Volunteer Facebook page, please ask one of your friends who is already a member to add you to the group or contact Alecia. This is a great way to keep on top of all the updates.



### SUNDAY 3RD SEPTEMBER - 10AM ONWARDS



SATURDAY 9TH SEPTEMBER -10AM ONWARDS SUNDAY 10TH SEPTEMBER- 10 AM ONWARDS



SATURDAY 16TH SEPTEMBER- 10AM ONWARDS SUNDAY 17TH SEPTEMBER- 10 AM ONWARDS



SATURDAY 23RD SEPTEMBER- 10AM ONWARDS SUNDAY 24TH SEPTEMBER- 10 AM ONWARDS



SATURDAY 30TH SEPTEMBER- 10AM ONWARDS
SUNDAY 1ST OCTOBER- 10 AM ONWARDS

# **VOLUNTEER & LOCAL SENIOR TICKETS**

Tickets for our genuine volunteers and local seniors will be available for purchase at the Kulin CRC from Monday 28th August. Volunteers may also purchase tickets for their children aged 13-17 years.

If you have any more questions regarding volunteering at the Kulin Bush Races, please contact Alecia Robertson- 0438 987 134 or kulinbushraces@outlook.com

### **KULIN GOLF CLUB**

A huge thank you to all of those who attended and made our 71st Clayton Cup such a great success last Saturday.

Commencing on Friday afternoon with a 5 hole scroungers event followed by dinner and then having 42 golfers hit off on a Saturday kept all of our volunteers very busy - not to mention our President and Ladies Captain and Vice Captain all struck down by the flu.

Saturday was a perfect golfing day weatherwise and as usual visitors were

very complimentary of our course - special thanks to Ambrose, Tyler and Red from our Shire who went above and beyond to have everything in ship shape for us. Your efforts never go unnoticed.

Congratulations to Luke Pegrum who won the Clayton Cup and special thanks to the Clayton family and all of our very generous sponsors. The presentation table was laden with amazing prizes and our club members are extremely grateful to the local businesses who continue to support

us.

The Freebairn Recreation Centre was bursting with people on Saturday with both our event and the Netball finals running simultaneously - it is wonderful to see so many people using our facilities and congratulations to both Caroline and her team and the Golf and Netball members for making it all run so smoothly.

W J Gangell Hon Secretary Treasurer

















### KULIN NETBALL CLUB VS NAREMBEEN NETBALL CLUB

Well, our season has come to an end and Saturday's games were absolute rippers! All games were close, but it wasn't our day. We did however look great in our new dresses. Thanks to Kulin Community Bank for sponsoring the NSG and Junior dresses!

NSG has been amazing this year! All the girls have tried different positions with alot of them taking a liking to particular spots on the court! Special thank you to Laura Browning for running the NSG this year! It's a huge day for Laura, and we appreciate the effort you put in for our club.

Juniors have been the backbone for us this season, getting some really good wins against our opposing sides. The level of netball these girls (and on the odd occasion, Chase) have showed was amazing! Particularly from their first few weeks to the past weekend, their stepping has improved dramatically, they have learned to find the space, control the ball and taking the right amount of time to make the

pass. Thanks Megan Syred for taking the Junior side under your wing this year, your coaching is a true self reflection of this growth!

B Grade were a bit short this week, but lucky for covid rules still in place meant Justine Tyson, Chloe Pratt and myself could all rotate on the bench. Nicole Thompson had an absolute ripper game. She faced some challenges with her opponent but still came out on top. Although the B Grade team haven't had a lot of wins, this team is really lifted at the end of the season. Having the likes of Gen Whisson and Elise Mullan come into this group has brought the experience it needs!

Well, it wasn't our time! Having only taken out 1 win this season it's hard. Each week gets harder out on the court but you all sucked it up and showed up, well done A1! I have loved coming into this team and playing with some bloody incredible players! Thank you to everyone in the team, and a special thank you to Chloe for coming in at

the back end of the season, you have been an amazing asset to this team, hopefully see you again next year. This Saturday we are hosting the semi finals!

I would like to thank our sponsors this year for their donations, Amy at Acres of Taste for donating THREE drink vouchers each week! Rach and Hooch at the Kulin IGA for donating the killer pithons, ensuring we keep our energy high for the game and Syred Mechanical Servicers for sponsoring the Junior wind up!

I will leave all the individual thank you's to Saturday night, but i am really sad to be saying bye to Netball for another season, I am however very excited to spend some time with family and friends, relaxing and unwinding. I'll be back into this position next year, and will looking for ideas and suggestions to keep our great club as amazing as it is!

Go Kulin! Dani White



### KULIN NETBALL CLUB WIND-UP

Massive thank you to Amy at Acres of Taste for her incredible catering/hosting Saturday night!

Congratulation to all award winners.

B Grade R/Up Fairest And Best Donated By Kathy Wilson And The Wilson Family.

Gen Whisson and Elise Mullan

B Grade Fairest And Best Donated By Peta West.

Nicole Thompson

B Grade Coaches Award.

Caroline Carrie

A1 Grade R/Up Fairest And Best Donated By Kathy Wilson And The Wilson Family.

Gemma Boxall-Shaw

A1 Grade Fairest And Best Donated By Jean McInnes.

Ashlee West

A1 Coaches Award.

Amber McAdam

Umpire Ackowledge Awards

**Donated By Taryn Scadding** 

Caroline Carrie Belle Brandis Laney Duckworth

Best Club Person Donated By Kerry Riseborough And Family.

Danielle White

Thank you to all our amazing award sponsors!

This is officially a wrap of the 2023 season!

Dani White

## **SPORTS NOTICES**

















### **SPORTS NOTICES**

### KULIN KONDININ FOOTBALL CLUBS VS NAREMBEEN

2 weekends ago the Blues hosted the Hawks in Kulin.

The reserves were bolstered once more with a few old boys putting the jumper on to give a good mix of experience and youth. The game was an arm wrestle early as the Blues kicked the first 2 goals of the game thanks to Youngy up forward. Whytie played well in the middle along with Sean, Joel and Dieter. At half time the Blues held a narrow lead and continued on in the third quarter to remain in front. The backline held up thanks to Trav, Ethan, Taunty and Coady whilst up forward Matches kicked the goal of the day stretching his hammy to banana a major from the pocket. In the end the Blues remained in front and recorded a much needed win in the final fixture of the year.

Reserve Award Winners: E.Wade,

T.Mcadam, B.Whyte

The league game proved a tough task for the Blues against the ladder leading Hawks. Blues started well but couldn't get rewarded on the scoreboard as the Hawks kicked away early in the first. The Blues steadied in the second term thanks to Brayd in the ruck along with the two Biglin boys at ground level who helped drive the midfield. Davey and Browny ran all day whilst Brocko played his best game for the year as the Blues went into halftime trailing significantly. The second half the game turned into an arm wrestle with the Blues putting together some decent passages of play thanks to the old timer Duck, Toby and Sosl. The backline were under the pump at stages but battled hard thanks to Dool, Nahs, Poppy and Kerrey. In the end the damage was done in the first quarter as the Blues went down. League Award Winners: L.Brown, B.Argent, S.Duckworth

The Clanger of the week went to Matches who ran the boundary for league after playing reserves and managed to do a hammy whilst kicking the ball back to the umpire. Injury was well worth it however thanks to his goal earlier in the day.

The club would like to thank all our supporters and more importantly all our volunteers who step up in roles home and away this year. Thanks to all our sponsors who have supported the club once more in what has been an enjoyable environment on and off the field. Sosl and Joey have been fantastic in their coaching roles and hopefully we can bounce back better next year.

Go the Blues!!

### KULIN KONDININ FOOTBALL CLUB WIND-UP













**KULIN COMMUNITY HUB** 

# COMMUNITY BUSY BEE



Friday 1 September

From 1pm

Cultivating Kulin Committee and Kulin Community Hub invite the community to give the Hub a 'Spring Clean' and get some maintenance jobs completed to ensure the Hub is **vibrant** for the Kulin Bush Races.

Our beautiful historical building is the hub for our community and visitors and we want to present it in all its glory.



If you can attend please bring utes & trailers, handyman tools and gardening and cleaning items





# WESTCOAST WOOL & LIVESTOCK KULIN BUSH RACES

# TIN HORSE HIGHWAY COMPETITION



# \$2000 IN PRIZE MONEY UP FOR GRABS

HEAD TO OUR WEBSITE FOR ALL THE COMPETITION RULES & NOMINATION DETAILS

## WWW.KULINBUSHRACES.COM.AU





Register to enter by 31st August 2023 Registrations or any queries to Wendy Gangell 0429 805 224 or wendy@agsolutionswa.com.au



**WESTCOAST WOOL & LIVESTOCK** 

# AULIN BUSH RACES





# **6TH - 8TH OCTOBER**

SOPHIE JANE BAND



**PINSTRIPE** 







MUCKY **DUCK BUSH** 

HORSE RACING - LIVE MUSIC - LICENSED BAR - FIREWORKS- CAMPING - FOOD VANS KIDS ACTIVITIES - FREE TOWN TO TRACK SHUTTLE BUS - ENTERTAINMENT ALL WEEKEND

ONLINE TICKETS ONLY - EFTPOS & ATM FACILITIES - LICENSED EVENT PHOTO ID REQUIRED 18+ - NO BYO - NO CONCESSIONS





WWW.KULINBUSHRACES.COM.AU







# Checklist for parents

The ten National Principles for Child Safe Organisations outline what is important for making an organisation safe for children and young people. Consider asking the organisation your child is attending what they have in place in these areas.

Principles	Action areas
Leadership	<ul> <li>Clear messages and policies about child safety are displayed at the organisation and on their website.</li> <li>Leaders and staff show a commitment to child safety by their actions and behaviour.</li> <li>Leaders can give examples of how they manage risks to safety.</li> </ul>
Empowering children	<ul> <li>Children and young people have a say in how the organisation runs and make suggestions for improvement.</li> <li>Staff empower children and talk about their rights.</li> <li>Children and young people are provided with a variety of safe ways to share their concerns.</li> </ul>
Involving family	<ul> <li>The organisation involves parents, carers, the wider family and community.</li> <li>It is clear how to raise a concern and you would feel comfortable to do so.</li> <li>It is clear how parents and carers are involved when a problem is identified.</li> </ul>
Equity and diversity	<ul> <li>The organisation caters for the diverse needs of children of all abilities and cultural backgrounds no matter where they live, their religion, age, sex or gender.</li> <li>The strengths and differences of all children are celebrated.</li> <li>The organisation supports and responds to vulnerable children.</li> </ul>
Staff and volunteers	<ul> <li>It is clear how the organisation recruits and conducts checks on staff and volunteers.</li> <li>There is ongoing supervision and support for staff and volunteers.</li> <li>Staff feel comfortable to raise any concerns about the behaviour of other staff members or volunteers or other areas for improvement.</li> </ul>

Principles	Action areas
Complaint processes	<ul> <li>The complaints system is clear, child friendly and children are comfortable to use it.</li> <li>Children and young people are asked to give feedback on their experiences.</li> <li>Staff can give examples of when a child or young person made a complaint and how it was handled.</li> </ul>
Education	<ul> <li>Staff and volunteers are educated about spotting the signs of child abuse.</li> <li>Staff know what to do if a child talks about abuse.</li> <li>Information is given to children about their rights, protective behaviours and online safety.</li> <li>Information about child safety is offered to parents and family members.</li> </ul>
Safe environments	<ul> <li>□ The physical environment is safe and checked regularly.</li> <li>□ Children can be seen at all times and in all places.</li> <li>□ There are clear rules about communicating with children online or via phones and devices.</li> </ul>
Continuous improvement	<ul> <li>The organisation regularly reviews the way it does things and shares this information with parents.</li> <li>The organisation is audited regularly internally or externally.</li> <li>Children, young people and families are involved in reviews and audits.</li> </ul>
Policies	<ul> <li>□ There is a Code of Conduct for staff and volunteers.</li> <li>□ There are rules for behaviour of all children.</li> <li>□ There are guidelines about physical contact between adults and children and between children.</li> </ul>



Help is available for rural families who may need a hand during tough times.

### **Farm Household Allowance**

Farm Household Allowance (FHA) is for farmers and their partners in financial hardship.

This payment is the same rate as the maximum rate of JobSeeker Payment or Youth Allowance. It's paid fortnightly.

You can get the allowance for up to 4 years in specific 10-year periods. We count 4 years as 1,460 days. You don't have to use these 4 years all at once. You can save it for when you need it. If you've already received 1,460 days of payment you can apply for FHA again from 1 July 2024.

You'll need to meet income and assets tests to get FHA. Your combined personal and net farm assets must be below \$5.5 million.

It's important to make a claim to check if you're eligible, instead of making your own assessment.

You'll need to undertake activities to help improve your financial position.

We can also help with activity supplements up to a total of \$10,000 over your lifetime if you get FHA.

This will help pay for activities in your Financial Improvement Agreement. This includes reasonable travel and accommodation costs related to activities.

You may also be eligible for:

- · Pharmaceutical Allowance
- · Remote Area Allowance
- · Telephone Allowance
- · Rent Assistance.

"FHA has helped us upgrade our skills and knowledge to boost our production. Our future is looking a lot brighter. It's changed our lives!"

### How to claim

The easiest way to claim FHA is online at servicesaustralia.gov.au/farmhouseholdallowance

To claim online you need a myGov account linked to Centrelink.

If you and your partner are both claiming FHA, you may be able to submit a combined claim.

If you can't claim online you can print and complete the Claim for Farm Household Allowance form.

If you need help to complete a claim form, you can:

- call us on the Farmer Assistance Hotline, 132 316,
   Monday to Friday, 8 am to 8 pm
- go to a service centre, Mobile Service Centre or Agent.

You can also get help from the Rural Financial Counselling Service. You can call them on 1300 771 741.

### **Hardship Advance Payment**

If you're eligible for FHA and in severe financial hardship, you can get up to 1 week of FHA as an advance. Some waiting periods may still apply, based on your circumstances.

### **Health Care Card**

You'll get a Health Care Card if you're eligible for FHA. A Health Care Card helps you get cheaper prescription medicines under the Pharmaceutical Benefits Scheme. You may also get reduced council and land rates and other concessions.

For more information about Health Care Cards go to servicesaustralia.gov.au/healthcarecard

FINANCIAL AND SUPPORT SERVICES FOR FARMERS AND THEIR PARTNERS

### Payments to help families

We provide payments to help you with the cost of raising children.

For more information go to servicesaustralia.gov.au/families

# Assistance for Isolated Children Scheme

The Assistance for Isolated Children Scheme helps parents and carers with the costs of educating their children. It's for children who can't go to a nearby government school because of geographical isolation, disability or special needs. If an appropriate government school isn't available, the family can choose a different school. Scheme payments can help with the additional costs.

For more information go to servicesaustralia.gov.au/isolatedchildren

# What support services are available?

### Farm Household Case Officer

We'll assign you a Farm Household Case Officer when you start to get FHA. They'll help you develop a Financial Improvement Agreement to improve your farm's financial position.

"The Farm Household Case Officer was great. They helped us to look closer at our numbers. We saw part of our business was bleeding money! We quickly made some changes and reduced our losses."

### **Rural Financial Counselling Service**

The Rural Financial Counselling Service is free. It's for primary producers and small related businesses who suffer financial hardship. Rural Financial Counsellors can help you to understand your financial position and the options available. They can also help you claim FHA.

To find your closest service provider go to recovery.gov.au/programs/rural-financial-counselling/RFCS or call 1300 771 741.

### Social workers

Our social workers can help you and your partner during difficult times by providing counselling, support and information. They can also refer you to other support services.

To speak to one of our social workers:

- · call 132 850 and ask for a social worker
- visit a service centre to be referred to a social worker.

Call Lifeline on **131 114**. Lifeline provides 24-hour crisis support and suicide prevention services.

### **Financial Information Service**

The Financial Information Service is free and can inform and educate you about financial matters.

For more information go to servicesaustralia.gov.au/FIS or call 132 300.

### Farmer Assistance Hotline

We provide a telephone service for farmers and their partners to talk to us about FHA. You'll speak to our specialist staff who understand the issues affecting rural families.

Call 132 316, Monday to Friday, 8 am to 8 pm.

## Find a payment

You can find out what other payments you may be eligible for by using our online payment finder at servicesaustralia.qov.au/paymentfinder

### (1) More information

- · Go to servicesaustralia.gov.au/farmhouseholdallowance
- Call the Farmer Assistance Hotline on 132 316,
   Monday to Friday, 8 am to 8 pm.
- · Speak to a financial adviser or Rural Financial Counsellor.

servicesaustralia.gov.au

# Seniors Movie Day Tuesday | 12.09.2023 | 11:00am - 1:00pm



Free Event | Coffee and Tea Provided | Kulin CRC Chambers

After her ailing mother wanders off during a blizzard, Bridget returns to her childhood home in Chicago, accompanied by her rebellious daughter. Forced to referee between her father's stubborn insistence that his wife remains at home and her equally determined brother's efforts to place her in a "memory care" facility, Bridget struggles to make sense of a lifetime of family conflict. With her mother's decline becoming increasingly obvious, long-simmering resentments bubble to the surface.

# THROWBACK THURSDAY

## OPEN DOORS 2013





















## **KIDS CORNER**



Which is your favourite Tin Horse?

### KULIN BUSH RACES S K N W K D R S U В N A E R S D L L E Ν D A 0 A R T E C T H 0 N K C F U H $\bigcirc$ A K U R B R T F S Ε Α C J S M A R FIND WORDS HORSE **KBR KULIN** VOLUNTEER FOOD JILAKIN LOCALS **MERCH**

## **COOKING CORNER**

### WHITE CHOCOLATE MUD CAKE AND LAMINGTONS

### White Chocolate Mud Cake

### **Ingredients**

- 400g butter
- 500g white chocolate, chopped
- 400ml water
- 2 cups caster sugar
- 2 tsp vanilla extract
- 4 eggs, lightly beaten
- 2 cups plain flour, sifted
- 2 cups self-raising flour, sifted

### White Chocolate Ganache

- 600g baking white chocolate, chopped
- 3/4 cup thickened cream

#### Method

### Step 1

Preheat oven to 150C. Grease and line an 8.5cm deep, 22.5cm square cake pan.

### Step 2

Combine butter, chocolate and 400ml water in a large heatproof, microwavesafe bowl. Microwave, uncovered, on high for 3-4 minutes, stirring every minute with a metal spoon, or until smooth.

### Step 3

Add caster sugar and vanilla to chocolate mixture. Stir to combine mixture. Add egg. Mix well. Sift flours together over chocolate mixture. Stir until well combined

### Step 4

Pour mixture into prepared pan. Bake for 1 hour 50 minutes to 2 hours or until a skewer inserted into the centre has moist clinging. Allow to cool completely in a pan. Carefully turn cake out. Wrap in plastic wrap, then in foil. Store in an airtight container at room temperature for 5 to 14 days.

### Step 5

Using a serrated knife, cut cake in half. Place base on serving platter. Spread one-third of ganache over base. Sandwich together with cake top. Spread remaining ganache over top and sides of cake. Set aside for 24 hours to set. Decorate with fresh roses. To serve, cut cake with warm knife to prevent ganache from cracking.

### Step 6

To make white chocolate ganache: combine chocolate and cream in a heatproof, microave-safe bowl. Microwave, uncovered on medium for 2-3 minutes, stirring every minute with a metal spoon, or until melted and smooth.

### Step 7

Refrigerate for 1 hour, stirring occasionally with a metal spoon or until thickened to a spreadable consistency.

### Lamingtons

### **Ingredients**

- 500g unsalted butter
- 250g self raising flour
- 250g golden caster sugar
- 5 large eggs
- 100ml milk
- 1/2 teaspoon vanilla extract
- 1/2 teaspoon baking powder
- 250g quality dark chocolate
- 100g icing sugar
- 300g desiccated coconut
- 1x240g jar of quality raspberry jam

### Method

### Step 1

Preheat the oven to 190C. Grease two 25cm x 35cm baking trays with sides, line the bases with greaseproof paper, then dust lightly with flour.

### Step 2

For the sponges, beat 250g of the butter and all the golden caster sugar together until exceptionally light and fluffy. One-by-one, beat in the eggs, followed by milk and vanilla extract then sift and fold in the flour and baking powder.

### Step 3

Divide cake mixture between the prepared tins and spread out evenly, then bake for 12-15 minutes, or until golden, risen and an inserted skewer comes out clean. Cool slightly in the tins, then transfer to wire racks to completely cool.

### Step 4

For the icing, sieve the icing sugar into a heatproof bowl. Snap in the chocolate and add the remaining butter, then melt over a pan of simmering water, stirring regularly until glossy. Pour the desiccated coconut onto a flat tray.

### Step 5

Once cooled, spread the jam over one of the cakes, then place the second cake on top. Carefully slice into 4cm squares - you should end up with 54 in total.

### Step 6

To decorate, get a little production line going - dip in a square of cake into the chocolate icing, turning to coat all the sides. Place the chocolate dipped sponge onto a wire rack to allow excess chocolate drip off then coat with the coconut, returning to the wire rack to set.

### Step 7

Repeat with the remaining cakes, then once set, tuck in.





### TRAVELLING

### **Travel Safety**

- Keep your travel plans, including accomodation details, to yourself.
- Don't hitch hike.
- Try not to travel at night.
- Ask your hotel manager for advice on 'safe' versus 'unsafe' local areas.
- Keep a photocopy of your passport and all other important documents in a safe place.
- Use ATMs during the day when there are people around.
- Try to rely more on credit cards and travellers' cheques than cash.

### **Transport Safety**

- At the airport watch for your suitcase as is appears on the carousel. Don't hang back and wait for the crowds to disperse. You might find that someone else has already taken your bag in the meantime.
- Avoid changing money at airports, as thieves could be watching you.
- Consult with your hotel manager or tourist information centre about the public transport in your area. Make sure you know what official taxi cabs look like. Thief may pose as a taxi driver to lure you into their car.
- Don't share taxis with strangers.
- Carjacking is a problem in some cities. When driving, keep all doors locked and windows up. Make sure your boot is locked too.

### **Hotel Safety**

- If possible, choose accommodation that has unmarked 'swipe cards'

rather than numbered keys for each room. If you lose your swipe card or if it is stolen, the thief won't know which room to rob.

- Take note of emergency exits, stairwells, fire escapes and emergency plans, just in case.
- When arranging to meet people you've never met before (such as business associates), wait for them in the lobby. Don't ask them to come up to your room.

# Don't Stand Out In A Crowd When Travelling

- Even if you're not sure where you're going, walk like you've got a purpose.
- Match your dress style to that of the locals. Don't wear an obvious 'tourist' outfit like a loud shirt with a camera slung around your neck.
- Be discreet when map reading.
- Notice the people around you. Be wary if someone seems to be taking more than a passing interest.

# Don't Make Yourself An Attractive Target When Travelling

- Don't make expensive jewellery on obvious display.
- Wear valuables (such as travellers check and credit cards) on a belt worn under the clothes and next to the skin.
- If feeling particularly vulnerable, wear your money belt somewhere other than around your waist, thieves know all about money belts too.
- Consider carrying a 'dummy' wallet holding a small amount of cash. If you are directly confronted by a mugger,

you can hand over the dummy wallet and avoid further distress.

### **Beware Of Scams When Travelling**

- Posing as a police officer and asking to check money for counterfeit bills.
- Posing as a tour guide and offering to show you the sights of the city.
- Slipping sedative drugs into your food or drink.
- Thieves in different cities tend to favour different scams. Ask your hotel manager or local tourist information officer for more information.

### Where To Get Help

- Travel agent
- Australian Embassies
- Local police
- Department of Foreign Affairs and Trade

### **Things To Remember**

- Research the safety of your intended destination with the Department of Foreign Affairs and Trade.
- Carry with you at all times the contact details of the Australian Embassy.
- For up-to-date information on 'safe' and 'unsafe' areas of the city, consult with your hotel manager or local tourist information officer.
- Try blend in with the locals and avoid looking like a tourist.
- If you are mugged, don't fight back. It is better to lose a few dollars or a wristwatch than getting injured.



## AROUND THE WORLD

### BLOOD CANCER AWARENESS MONTH (SEPTEMBER)

September is Blood Cancer Awareness Month, aimed at supporting patients affected by a blood cancer (for example Leukaemia, Lymphoma and Myeloma).

Raising awareness about blood cancers and gaining community involvement is essential for vital research that investigates new technolohies for early detection and explores prevention and novel treatment options. Undoubtedly, it is due to advancements in technology and medical procedures that the five-year survival rate for Leukaemia has quadrupled since the 1960s.

### **Main Types Of Blood Cancers**

Leukaemia - affects the white blood cells and blood-forming tissues of the body, including bone marrow and the lymphatic system. Some forms are more common in children and other types occur mainly in adults.

Lymphoma - a cancer of the lymphatic system. This is the body's germfighting network, comprising of the lymph nodes, spleen, thymus gland and bone marrow. Lymphoma can affect any of these as well as other organs throughout the body. The two main types are Hodgkin's lymphoma and non-Hodgkin's lymphoma.

Myeloma - develops in the plasma cell, which is a type of white blood cell. Plasma cells are important to help fight infections as they make antibodies which identify and attack germs. Multiple myeloma are cancerous plasma cells that gather in the bone marrow and push out healthy blood cells. The cancer cells produce abnormal proteins which may cause complications.

## Did You Know; Australians And Blood Cancer

- Blood cancers can affect any person at any age.
- In 2021, it was expected that 18,485 Australians would be diagnosed with a blood cancer such as Leukaemia, Lymphoma or Myeloma.
- In 2022, it is estimated that the number of Australians diagnosed with a blood cancer will increase to 19,403 Australians.
- The incidence of blood cancer is continuing to grow with a 47% rise in the last decade.

Perth Blood Institute's (PBI) Clinical Trials Unit (CTU) recognise the importance of new technologies and treatments to address blood cancers. Currently they are involved in clinical trials for some different types of Lymphoma and non-Hodgkin's lymphoma, Leukaemia and multiple myeloma.

### History

The Leukemia and Lymphoma Society (LLS) was born out of a family's grief following the death of their teenage son.

Robert "Robbie" Roesler de Villiers, son of a well-to-do New York family, was only 16 when he quickly succumbed to leukemia in 1944. Five years later, frustrated by the lack of effective treatments for what was then considered a hopeless disease, parents Rudolph and Antoinette de Villiers started a fundraising and education organisation in their son's name.

Headquarted in a small Wall Street office, the Robert Roesler de Villiers Foundation had only a few volunteers and a tiny budget. The task was daunting. Most leukemia patients, especially children, died within three months. Even by the mid-1950s, when the first-generation chemotherapy drugs began appearing, the disease remained a stubborn challenge. The Foundation reported in its 1955 annual report: "As if this date, Leukemia is 100% fatal. This is almost a unique situation among the many diseases to which man is susceptile."

Driven by the de Villiers' nearly boundless belief that leukemia and other blood cancers were indeed curable, the Foundation grew steadily, opening it's first chapters in the New York City area. The organisation, after changing it's name to the Leukemia Society, was renamed the Leukemia Society of America in the 1960s to communicate a broad, national reach.





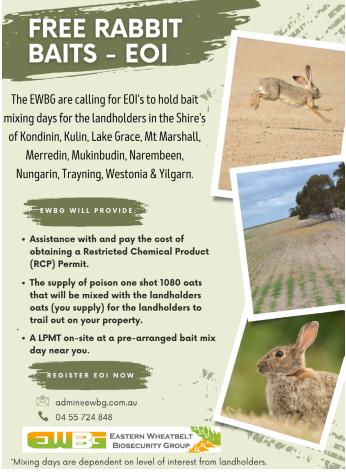


Many thanks to Kulin-Kondinin Ambulance Officers for their care in transporting me to Kondinin & Narrogin Hospitals.

Thanks for the cards and flowers and offers of help to Hadyn.

It was greatly appreciated.

Pam





# **DUFFY ELECTRICS**

Residential

Commercial

**f** Industrial

Tv installation

Air Conditioning



Ryan Duffy 0409 806 047

duffyelectrics@outlook.com Servicing Wickepin and surrounds

### **LOCAL CHURCHES**

UNITING CHURCH 10:30am Morning tea 11:00am Service starts 1st and 3rd Sunday of each month CATHOLIC CHURCH Fr Truc Nguyen M: 0426 018 782 8am 1st, 3rd, 4th Sunday and 5th 10:30am 2nd Sunday ANGLICAN CHURCH Regular services in Kulin have

Katheryn Wilson- 0429 801 228 Bunbury Office- 08 9721 2100

stopped for the time being,

however, the Anglican church

can be made ready for special

### **KULIN MOTOR MUSEUM**

services.

Wednesday 10am- 12:30pm Saturday-10am-2pm Clarrie- 9880 1058 Bill- 0429 804 615 John-0427 386 849

### **KULIN LIONS CLUB**



Kulin Lions Club collect old glasses, hearing aids and stamps. Please feel free to drop off any of these items at the Kulin Post Office. Push bikes and batteries can be dropped off at Haydn's shed.

H McInnes 0429 801 215 T Barndon 0428 939 189 R Doust 0499 802 054

### **CONTAINERS FOR CHANGE**

ARTS CENTRE

A simple way to make a contribution to the Kulin Arts Centre is to support their Containers for Change collection. Simply return your containers and use the ID C10333381.

All Good Refund Depot come to Kulin on the last Wednesday of every month. They pick up returns from the Kulin Memorial Hall at roughly midday. Contact Belle at the Shire for more info.

KULIN CHILDCARE CENTRE You can help support our local Child Care centre with just your bottles and cans. Drop your eligible containers into the bin behind the Memorial Hall or to any Containers For Change donation point using the ID C10351204

**SNAP SEND SOLVE** 

Reporting local issues just got easier!

Being a community legend has never been easier!

Spotted an issue in your community like graffiti, illegal parking, dumped rubbish, trip hazards or abandoned trolleys? Time to get Snapping!

Snap Send Solve is the free app that simplifies the reporting of community issues across Australia and New Zealand.

We've made reporting quick and easy which means when you see an issue while you're out, you can let the responsible authority know with only a few taps.

Become a community legend and download Snap Send Solve today.



MT Lucchesi 9880 4050 JM McInnes 9880 1360 R Noble 9880 1383 BW Sloggett 0427 081 925



# **Kulin Contacts**

Nursing Hours: Tuesday & Wednesday 8:30am-2:30pm

CHSP Co-Ordinator / Nurse by Apt: Thursday & Friday

Kulin Doctors Surgery: 9880 1315

Kondinin Medical Centre: 9889 1753

Kondinin Hospital: 9894 1222

Western Power: 13 13 51

Water Supply: 13 13 75

Kulin Water Depot: 9880 1356

Crime Stoppers: 1800 333 000

Kulin Police: Kulin Police station is staffed by 2 officers who are available to respond to incidents 24/7. Your local police can

be contacted as follows:

For emergencies: 000

For non-urgent incidents: 131 444

Officer at Kulin Police Station: 9861 5800

Did you know that you can use your smart phone to report local issues? Just download the free Snap Send Solve app and get Snapping! When you're out in the community, you are our eyes and ears. If you see something that doesn't look right, just Snap Send Solve it!